



# The Rainbow Journal

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## FROM THE EDITOR

This issue is a potpourri of short articles on various topics. It is hoped that one or more of them will cause you to reflect for a minute and possibly inspire you to look further. Ultimately the truth resides within us all but the difficulty is in finding that part within us where this

truth resides. As Jesus said in the Gospel of Thomas: "When the Comforter has come, whom I will send to you, he will lead you into all Truth. Search the Light within your souls, for there will you find the reality of all things." - *Brian Alderson*

### WE'VE GOT IT ALL WRONG!

Last week as I browsed through our local library shelves I was drawn to the book "What God Said", which is the latest book of the "Conversations With God" series by Neale Donald Walsh. I had read his two first books many years ago so was interested at what this latest book had to say.

The book starts off with the author at an interview at one of America's most popular national television shows when he was asked to tell the viewers what is God's message to the world and "Can you bring it down to a sentence or two as we only have about thirty seconds." was the host's request.

Neale's response was "Actually I can bring it down to *five words*."

The host, with raised eyebrows, spoke to the camera and said: "All right then, ladies and gentlemen, from the man who says he communes with the Divine, here is God's message to the world ..... in five words."

To which Neale responded "You've got me all wrong."

That was enough to intrigue me so I borrowed the book and although I have so far read only the first few chapters I find it fascinating.

If we watch TV or listen to the radio the world news continues to be full of doom and gloom with stories of ongoing conflicts in many countries around the world and new conflicts seem to be continuously flaring up. According to one count, since the end of World War II in 1945 (which was supposedly the war to end all wars) there were a total

number of 150 wars, uprisings and conflicts involving much bloodshed and destruction. Furthermore Wikipedia claims that there are currently ten ongoing conflicts in regions or countries around the world where the casualties are in excess of one thousand per year.

Given these statistics one must ask what is wrong with the human race that we seem not to be able to live in peace with our neighbours but instead find very little excuse to kill one another. An answer may be in chapter two of Neale's book where he summarises in twenty five statements what he considers as "all that the human race needs to know in order to live the life for which it has yearned and, despite trying for thousands of years, is yet to produce."

Statement number twenty three reads:

*"There are five fallacies about life that likewise create crisis, violence, killing, and war. First, the idea that human beings are separate from each other. Second, the idea that there is not enough of what human beings need to be happy. Third, the idea that in order to get the stuff of which there is not enough, human beings must compete with each other. Fourth the idea that some human beings are better than other human beings. Fifth the idea that it is appropriate for human beings to resolve severe differences created by all the other fallacies by killing each other."*

When we analyse the causes of wars and conflicts we find that they all are due to our false beliefs and

misconceptions as listed above. Our belief in the first fallacy, *the idea that human beings are separate from each other*, is essential if we find it acceptable to kill our fellow men.

When considering the current conflict and slaying in Ukraine, as just one example of present day conflicts, one can soon see how these five fallacies that we seem to embrace can so easily result in war. The people of Ukraine are roughly divided into two groups - those that have ethnic and historic ties to Russia and those whose ties are closer to Western Europe. Here is an example of the first fallacy, that we are separate from each other. Add to this perceived separateness there has been political jostling over whether the country should economically seek closer ties to Russia or Western Europe. Fears were raised that if Ukraine tied up with the European Union the country would suffer economically so that there would not be *enough of what human beings (Ukrainians) need to be happy*. Thus the division between these groups fractured the nation and a competition began to see which side

would win. Leaders on both sides persuaded their followers that their side was right so that they were *better human beings than members of the opposition*. Once these first four fallacies have been acted on it did not take much to carry out the fifth fallacy which is *the idea that it is appropriate for human beings to resolve severe differences created by all the other fallacies by killing each other*.

This type of scenario is being played over and over and over again year after year, century after century and will continue as long as we continue to stubbornly believe that what has failed in the past to bring peace and harmony will somehow bring peace and harmony in the future. Yet we continue to try to end violence with violence, killing with killing, injustice with injustice. We meet hatred with hatred, anger with anger, and contempt with contempt. The spiritual concept of loving ones neighbour seems to have no place when it comes to conflict.

If we want to change the world we must change our belief in these age old fallacies. *BDA ΩΩΩ*

## WHO IS THE REAL "I AM"

The Edgar Cayce readings describe us as spiritual beings temporarily living in physical bodies. Yet we are so caught up in these bodies we tend to believe that we *are* our bodies rather than regarding them as our temporary home.

As a self-test to find out what we believe we are the following is an exercise in which may disclose how we view ourselves:

Firstly we are to ask ourselves: 'Who am I?'

Next write down our answers to the question. We should offer as complete a description as possible as how we see ourselves.

When the list has been completed cross out any items that are related to describing our bodies, e.g. male, blonde,

slim etc.

Next cross out any items which describe us in our temporary relationships with others related to this life, such as father, husband, grandparent etc.

Now cross out any items which are attributes we acquired during our lifetime. This could be such things as our occupation and religion and any other things that are achievements in this life.

What remains is what we consider to be our real selves which are the part that was with us before we were born and will remain with us after our death.

What items that remain of the list may be the answer to the question of who we believe we really are. If there are no items remaining on the list, this means

we consider ourselves no more than a body and a collection of memories which we have accumulated during this life. This would imply that after we die there will be nothing left of us but dust.

What the Course in Miracles is trying to do is to get us to accept the truth as to who we really are, as described by Edgar Cayce. This truth is suggested in the headings of some of the lessons:

- My mind is part of God's. I am very holy.
- Love created me like itself.
- I am as God created me.
- I am one self united with my Creator.
- I am spirit
- I am among the ministers of God.

- I am the holy Son of God Himself.
- I am not a body. I am free,
- God is in me. I live and move in Him.

Once we begin to accept who we really are we can act accordingly without fear because, being indestructible spiritual beings, what is there to fear? Of course our bodies are destructible, they are made up of elements from the earth and they will return to the earth on our deaths. It is this false understanding of ourselves that causes us to have so many fears.

What are the words on assurance that are often repeated in the Bible? - "Fear not for I am with you always." *BDA*  
ΩΩΩ

## SOUL AND SPIRIT

In our last issue, in the article dealing with the definition of words, we mentioned that there was a difference between our spirit and soul however we did not elaborate on the distinction and readers have asked for clarification.

If we search the Bible we will find that it says that man is comprised of three parts - a spirit, souls and body. "And the God of peace Himself sanctify you wholly, and may your *spirit and soul and body* be preserved complete..." (1 Thessalonians 5:23). Another verse that emphasizes this distinction is Hebrews 4:12: "For the word of God is living and operative and sharper than any two-edged sword, piercing even to the dividing of soul and spirit and of joints and marrow..." However statements such as these can be frustrating as they do not adequately define the *difference* between soul and spirit, at least sufficiently to satisfy our finite minds.

If we turn to the Edgar Cayce readings we find that they state that we are divided into *spirit, mind and body*. "for the spirit is life; the mind is the

builder; the physical is the result." (349-4). Elsewhere the readings seem to suggest that spirits and souls are the same. "for the body is temporal but the soul, the spirit is eternal." (1265-1)

Both the Bible and the Cayce readings clearly suggest that the spirit is that portion of us that is a part of God. So God is in every human being through His spirit in us and because of this we are basically all one. The spirit in each of us have is identical. No spirits are superior or inferior or different from others, nor do some of us have 'more' spirit than others.

The soul is that which makes us individuals. Note that 'individual' means not dividable, unable to be divided or separated into parts. The nearest analogy to the soul may be a 'particle' which can be defined as "the smallest quantity of matter that has an interface with the surrounding environment". The soul then is a particle which contains the spirit. Another analogy of the soul is a drop of water from the ocean. The drop may be seen as distinct and separate,

having its own characteristic size and shape yet is a part of the ocean itself. It could be said the the whole of the ocean is contained in one single drop.

One writer describes the difference in this way: “The soul consists of two states of consciousness, the spirit which bears a knowledge of its identity with God, and the soul which bears a knowledge of everything it experienced.”

Another analogy is in describing us as naked spiritual beings when we first arrived on the earth - pure spiritual beings, many in numbers and all from the same Source. These spiritual beings were given free will, so souls are these free willed spiritual beings who clothed ourselves in physical bodies and accumulated 'baggage', being the memories and experiences we have accumulated in our many incarnations of the earth which makes us the unique individual souls that we are today.

What both the Bible and the Edgar Cayce readings are emphasising is that the human race, *all* of us, come from the same source and therefore distinctions that we perceive dividing us by race, gender, religion, political views, physical appearance etc. are meaningless in the long run.

John van Auken describes soul as follows “Cayce sees soul as the developing portion of our whole nature. It is ever changing, growing, and learning, and uses free will to explore, create, test, discover, and more. Soul is the ultimate companion to the Creator; a true companion, because it has the free will to choose to be a companion - or not.

The soul is also uniquely able to bridge the gulf between the spirit realms and the physical realms, between our divine, godly self and our earthly self. The mind of the soul is the subconscious. It may operate independently of the Collective Consciousness of the Creator. (At least, it is allowed to think it does. After all, there is no way to actually be outside of the Whole.) Or, it may act in harmony and conscious at-one-ment with the Collective Consciousness.”

We can see that it is not easy to grasp the distinction between spirit and soul and perhaps it way not make any difference to our lives whether or not we not we understanding the distinction however ever keeping in mind that we are all one in the sight of God.

FROM THE EDGAR CAYCE READINGS

(Q) Give a definition of Spirit which may be given in the lesson.

(A) Spirit is the First Cause, the primary beginning, the motivative influence, - as God is Spirit.

(Q) How does Spirit compare with mind?

(A) Spirit is the First Cause. Mind is an effect, or an active force that partakes of spiritual as well as material import. Mind is an essence or a flow between Spirit and that which is made manifest materially. (262-123)

. . . that of the spirit is the spark, or portion of the Divine that is in every entity, whether complete or of the evolution to that completeness. (3744-5)

*BDA ΩΩΩ*

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## MEANING OF WORDS (2)

This is the second article in which we are attempting to examine the meaning of words used in philosophical discussions. It is important that when we are communicating that both the writer and the reader have the same understanding of the words used in the

communication. Otherwise the message the writer is attempting to convey may be lost. There is a saying “Lost in translation” used following the movie of the same name, which means that the meaning of words can be lost when translation from language to another, but

it can also mean that the meaning is lost when the words used are misunderstood.

### **HOLY**

If were to hear someone described as being 'holy' this will conjure up different pictures for each of us. Perhaps some of us may see the person as having a Bible under his or her arm and have a permanent austere expression. Others may imagine a holy person as being saintly or other- worldly. For some of us, holy is something extreme or radical. We think of living in a monastery with vows of poverty, silence, or something else we consider to be "far out."

A very different use of the word 'holy' is in the expression 'a holy war', as if a war could somehow be holy. In the case the meaning is that it is a war or violent campaign waged by religious partisans to propagate or defend their faith. Nothing to do with sacredness or spirituality but about causing death and destruction to promote or defend certain beliefs.

So when the Bible gives us the command "Be ye holy for I am Holy" (1 Peter 1:16 and Leviticus 11:45) what does that mean? Sometimes examining the origins of words helps and gives a different and greater understanding of their core meanings. This is the case with the word 'holy' with its origins in the Greek *hágios* meaning *different, unlike, otherness*. So in a religious sense it means "different from the world." Thus a Greek temple was *hagios*, or holy, because it was different from other buildings. On this basis we may assume that holy people are somehow 'different' but in what way?

The belief that some are holy and

thus separate and different leads to what we see in the world around us today - conflict and wars - and there is certainly no spiritual element in these human actions, even though they may have been motivated by religious beliefs.

There is however a much deeper meaning of holy which means *whole, intact, complete*. Much has been written about the duality of human nature which causes us to suffer from internal conflict and the conflict is directed outwards towards our neighbours, hence there is all the conflict we see around us. Once we become holy - whole, internally united - we become at peace within ourselves and this peace will radiate around us bringing peace to the world.

### **SALVATION**

In the article Meaning of Words in our last issue we stated that, although the word "salvation" was quoted some 278 times in the Course in Miracles Text, the meaning of salvation was never defined. This is incorrect for if one searches the ACIM manual one will find the heading "What is Salvation" where there is the following explanation: "*Salvation is a promise, made by God, that you would find your way to Him at last. It cannot but be kept. It guarantees that time will have an end, and all the thoughts that have been born in time will end as well. God's Word is given every mind which thinks that it has separate thoughts, and will replace these thoughts of conflict with the Thought of peace.*"

The full text can be found in the ACIM manual following lesson 220. Also on the ACIM website page: <https://acim.org/Lessons/lesson.html?lesson=231> - BDA ΩΩΩ

## **AFTER EFFECTS OF SPIRITUAL EXPERIENCES**

Spiritual experiences may be loosely put into two categories. One is a near death experiences (NDE) which is when a person has entered a state of

clinical death to be later revived and during that interim has a, sometimes profound, experience of a spiritual nature. The other group of experiences

could happen at any time at any age and circumstance and can come in a great variety of forms. An example being that described in Letters to the Editor in our last issue when the writer simply heard a loud voice saying "I love you", yet had a intense effect on the writer.

No one knows how many people have spiritual experiences. We know that great numbers of do have these experiences, but not all of us (the writer for one cannot recall ever having one).

According to studies around eighty percent of the people who experienced NDEs claimed that their lives were forever changed by what happened to them. On closer examination, though, a pattern of surprising dimensions emerged. Experiencers were not returning with just a renewed zest for life and a more spiritual outlook. They were evidencing specific psychological and physiological differences on a scale never before faced by them. And this was true whether they were children, teenagers and adults.

It is possible to have near-death-like experiences without the threat of impending physical death. Children, for instance, can have death dreams that are unusually powerful. Adults can emerge unscathed from mishap, or find themselves slipping into a different meditative state, only to discover later on "they have changed." If a genuine case, the individual will exhibit the same pattern of after effects as a near-death experiencer.

Dr. Bruce Greyson, considered the father of NDE research, has been instrumental in gathering evidence indicating that religious backgrounds do not affect who is most likely to have a NDE. He has mapped out the conversion-like effects of NDEs that can sometimes lead to hardship.

"No matter what the nature of the experience, it alters some lives. Alcoholics find themselves unable to

imbibe. Hardened criminals opt for a life of helping others. Atheists embrace the existence of a deity, while dogmatic members of a particular religion report "feeling welcome in any church or temple or mosque."

"They can see the good in all people," Greyson says of people who have experienced the phenomenon. "They act fairly naive, and they often allow themselves to be opened up to con men who abuse their trust."

"The values you get from a NDE are not the ones you need to function in everyday life," says Greyson. Having stared eternity in the face, he observes, those who return often lose their taste for ego-boosting achievement.

Not even the die-hard skeptics doubt the powerful personal effects of NDEs. "This is a profound emotional experience, people are convinced that they've seen heaven."

Some conclusions reached by studies include:

- Loss of the fear of death, more spiritual and less religious, easily engage in abstract thinking, more philosophical. They can become more generous and charitable than before and form expansive concepts of love.

- Near-death experiencers come to love and accept others without the usual attachments and conditions society expects. This seems to be in line with concept of oneness we have with all life as emphasised in the Edgar Cayce readings. They perceive themselves as equally and fully loving of each and all. This may cause confusion with spouses and family members as the experiencer's behaviour is seen as becoming aloof, unresponsive, even unloving. Some mistake this "unconditional" way of expressing joy and affection (heart-centred rather than person-centred) as disloyalty.

- One of the reasons life seems so different afterwards is because the

experiencer now has a basis of comparison unknown before. Familiar codes of conduct can lose relevance or disappear altogether as new interests take priority. Such a shift in reference points can lead to a childlike naivete.

– After effects cannot be faked. Nor can experiencers hide their response to the way they affect them (whether they realize what you are doing or not).

– The average near-death experiencer comes to regard him or herself as "an immortal soul currently resident within a material form so lessons can be learned while sojourning in the earth plane."

They now know they are not their body; many go on to embrace the theory of reincarnation. However in time the present life, the present body, becomes important and special again.

Knowing that so many people have had these life changing experiences may cause those of us who have never had such experiences to feel envy or cheated in some one however we are reminded of what Jesus said to his followers "Then Jesus told him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed." (John 20:19). *BDA ΩΩΩ*

## A CONSTITUTION FOR ALL RELIGIONS

Of all the world religions the Baha'i faith would be the most recent as it was founded by a man named Bahá'u'lláh in 19th-century Persia. Being a modern religion it is not burdened with all the fetters of ancient creeds which are attached to religions such as Christianity, founded in many ages ago when cultures, tradition and human knowledge were not as they are today

Shoghi Effendi, the appointed head of the Baha'i religion from 1921 to 1957, wrote the following summary of what he considered to be the distinguishing principles of Bahá'u'lláh's teachings. When one studies these principles one finds that they all follow the law of oneness of all humanity and therefore could and should be embraced by all of us no matter what religion we attach ourselves to:

- The independent search after truth, unfettered by superstition or tradition.
- The oneness of the entire human race, the pivotal principle and fundamental doctrine of the Faith.
- The basic unity of all religions the condemnation of all forms of

prejudice, whether religious, racial, class or national.

- The harmony which must exist between religion and science.
- The equality of men and women, the two wings on which the bird of human kind is able to soar.
- The introduction of compulsory education.
- The adoption of a universal auxiliary language.
- The abolition of the extremes of wealth and poverty.
- The institution of a world tribunal for the adjudication of disputes between nations.
- The exaltation of work, performed in the spirit of service, to the rank of worship.
- The glorification of justice as the ruling principle in human society, and of religion as a bulwark for the protection of all peoples and nations.
- The establishment of a permanent and universal peace as the supreme goal of all mankind. *BDA ΩΩΩ*

## THE SHARED GIFT OF EDGAR CAYCE (4)

In the last three issues of the Journal we gave very brief biographies of people who shared the same gift as Edgar Cayce. We can add to this list a fourth psychic by the name of Ross Peterson who lived around the same time as Paul Solomon. So if we add Edgar Cayce to the list we now have five psychics *that I know of* who were alive since the beginning of the last century. In chronological order they are:

Andrew Jackson Davis	(1826-1910)
Edgar Cayce	(1877-1945)
Paul Solomon	(1939-1994)
Ross Peterson	(???? - ????)
Douglas Cottrell	(1940 - )

All these people possessed the ability to answer questions on subjects as varied as healing, reincarnation, wars, Atlantis and future events while in a trance.

Andrew Jackson Davis wrote and published approximately twenty-seven books on varying subjects such as *The principles of Nature, the Philosophy of Death, Mental Disorders* and *The History of Philosophy*, most of which are available today in archive libraries. Up to the present there have been over two hundred books written about Edgar

Cayce and his readings, many of which are now out of print. The readings by Paul Solomon are contained in eight large volumes which are all available with the latest volume having just been published in February this year. When it comes to Ross Peterson there appears to be only one book written about him titled *Ross Peterson: The New Edgar Cayce* which is also out of print and may be hard to come by. However there are fortunately seven rare recordings of Peterson talking on a number of topics that can be found on Youtube. Douglas Coutrell is still alive and is living in Canada. He has published a number of books and CDs and is still giving individual readings.

These five psychics are all that I know of who shared the same psychic gifts although there no doubt have been numerous others in the more distant past and there may be even others alive today performing the same service as these people who have yet to be recognised.

Perhaps if any reader knows of others either past or present who shared this gift you can let me know and I will inform the rest of you. *BDA ΩΩΩ*

## FROM HERE AND THERE

God does the healing and the doctor sends the bill. - *Mark Twain*

I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed. - *Michael Jordan*

Definiteness of purpose is the starting point of all achievement. - *W. Clement Stone*

The most common way people give up their power is by thinking they don't

have any. - *Alice Walker*

The best time to plant a tree was 20 years ago. The second best time is now. - *Chinese Proverb*

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. - *Maya Angelou*

There is only one way to avoid criticism: do nothing, say nothing, and be nothing. - *Aristotle*

Being able to quote scripture does not make one a Christian - *Dr Phil ΩΩΩ*

## LAUGHTER THE BEST MEDICINE

These days, when writing, punctuation is not emphasised as much as it used to be. The absence of suitable punctuation can completely change the meaning of a sentence. For example: No punctuation - "The boy said the Pope is an idiot." With punctuation - "The boy", said the Pope, "is an idiot."

As the storm raged, the captain realized his ship was sinking fast. He called out, "Anyone here know how to pray?" One man stepped forward. "Aye, Captain, I know how to pray." "Good," said the captain, "you pray while the rest of us put on our life jackets — we're one short."

A priest, a minister and a rabbi want to see who's best at his job. So they each go into the woods, find a bear, and attempt to convert it. Later they get together. The priest begins: "When I found the bear, I read to him from the Catechism and sprinkled him with holy water. Next week is his First Communion." "I found a bear by the stream," says the minister, "and preached God's Holy Word. The bear was so mesmerised that he let me baptise him." They both look down at the rabbi, who is lying on a gurney in a body cast. "Looking back," he says, "maybe I shouldn't have started with the

circumcision."

### THE WISDOM OF GANDHI

When Gandhi was studying law at the University College of London, there was a professor, Mr. Peters, who felt animosity towards Gandhi, and because Gandhi never bowed his head in respect to him, their was obvious friction between them.

Mr. Peters decided to fail Gandhi at the next exam, but Gandhi responded brilliantly to all the questions. Therefore Mr. Peters asked him directly the following question, "Mr Gandhi, if you are walking down the street and find a package, and within it there is a bag of wisdom and another bag with a lot of money; which one will you take?"

Without hesitating, Gandhi responded, "the one with the money, of course".

Mr. Peters, smiling, said, "I, in your place, would have taken the wisdom, don't you think?"

"Each one takes what one doesn't have", responded Gandhi indifferently.

Mr. Peters, seething with anger, writes on the exam sheet the word "idiot" and gives it to Gandhi.

Gandhi takes the exam sheet and sits down. A few minutes later, he goes to the professor and says, "Mr. Peters, you signed the sheet, but you did not give me the grade." ΩΩΩ

## CHRIST IN YOU

### Part 1 Fifteenth Lesson

#### Jesus Christ – The Race Man

The heart is the place of understanding, or as we would rather say, the doorway of divine wisdom – "blessed are the pure in heart, for they shall see God." The heart and not the mind knoweth the deepest things of God. Our lesson can only be understood in your own heart. The true revelation must

unfold from the divine heart of love, beating in unison with your own. So near is God.

There are many theories, many explanations given about the cross of Jesus. Trust the inward and spiritual guide in all these matters, and not the mind of man. We know that the sacrifice

of the cross has for your world the deepest meaning. In that sublime act Jesus the Christ symbolised God's highest thought for you. You cannot now comprehend the greatness of it. Bonds were burst, and your earth was given its freedom. How much we have misunderstood its meaning! Let us keep reverent hearts and hushed voices before a mystery of such high import. It has a wide meaning, and only divine wisdom can interpret its greatness and its love. From our side we see something more of its results.

The principalities and powers can no longer harm you against your own will. Jesus descended into the lowest hell that He might set free the captives and cast off all that makes for separation between God and man. The cross was the lifting up of humanity into divinity. Every incident in connection therewith symbolises some great inner truth. In

that mysterious outflow of water from the side, your earth received its chrism – its holy anointing – its Christhood. We worship in lowly adoration when we remember the greatness of that work. We have much to learn about this, and you can never know the full meaning of sacrifice until you too enter into sinless and selfless Christhood.

Jesus Christ is your highest conception of God. He chose to stand for your world from the beginning as the eternal Christ of God. He alone knew all God's meaning for you. When visible in the flesh He was the God-Man, a Man for all men, loving God and loving men, the universal Man. In Him all find relationship. He is of the great wholeness of life, the sap, the very tree and vine. He was truly the Son of God and Son of Man. The great unity of God and Man is revealed in the cross. ΩΩΩ

## LETTERS

Dear Editor,

In the May issue you said that there was a difference between the soul and spirit but did not explain the difference. Can you do so? - Bruce  
Refer to the article in this issue.

Did Edgar Cayce's readings ever recommend a specific Church to attend for better spiritual awakening? - Z L,  
Yes. Here's that reading:

*"(Q) With what church would it be well for me to seek affiliation at this time?"*

*"(A) The better is the church within self, not by name or place. For the church is the living Christ. Make association first with that, and whether it is in this, that, or the other name, Christ you serve and not a church!" (2823-3)*

My adult brother has become an alcoholic His wife and I have tried to talk to him. He listens, but it is not long before he drinks too much again. It's sad.

Does Cayce say anything about helping people like this? C.K.,

*Yes, here's one example from the readings:*

*"(Q) Can those assisting do anything to prevent the body from indulging in stimulants?"*

*"(A) They can pray like the devil! And this is not a blasphemous statement, as it may appear to some. For if there is any busier body, with those influences that have to do with the spirit of indulgence of any nature, than that you call satan or the devil, who is it?"*

*"Then it behooves those who have the interest of such a body at heart to not only pray for him but with him; and in just as earnest, just as sincere, just as continuous a manner as the spirit of any indulgence works upon those who have become subject to such influences either through physical, mental, or material conditions!"*

*"For the power of prayer is not met even*

by satan or the devil himself. Do that, (1239-2) - ΩΩΩ  
then. Like the devil himself— pray!”

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## LOVE



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### OUR CLOSING THOUGHT

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day by day, preferring as did the Christ who died on the cross rather than preferring the world be His without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!” 3976-29 ΩΩΩ

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