



The Rainbow Journal

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FROM THE EDITOR

Welcome to the 83rd edition of the Rainbow Journal. There has been a three months gap since the last issue due to the publisher devoting much time to mundane affairs and travelling overseas. The object of the Journal, as always, is to provide food for thought and attempt to

become more aware of who we are and what our relationship is with the creative force of the universe, whatever name we may give it. As always I look forward to your comments and feedback which is appreciated. - ΩΩΩ

WHO AM I?

You do not know Who You Are, and you think you are a great deal less. And where did you get the idea of how much less than magnificent you are? From the only people whose word you would take on everything. From your mother and your father.

These are the people who love you the most. Why would they lie to you? Yet have they not told you that you are too much of this, and not enough of that? Have they not reminded you that you are to be seen and not heard? Have they not scolded you in some of the moments of your greatest exuberance? And, did they not encourage you to set aside some of your wildest imagining?

These are the messages you've received, and though they do not meet the criteria, and are thus not messages from God, they might as well have been, for they have come from the gods of your universe surely enough. It was your parents who taught you that love is conditional - you have felt their conditions many times - and that is the experience you take into your own love relationships.

It is also the experience you bring to Me.

From this experience you draw your conclusions about Me. Within this framework you speak your truth. "God is a loving God," you say, "but if you break His commandments, He will punish you with eternal banishment and everlasting damnation." For have you not experienced the banishment of your own parents? Do you not know the pain of their damnation? How, then, could you imagine it to be any different with Me?

You have forgotten what it was like to be loved without condition. You do not remember the experience of the love of God. And so you try to imagine what God's love must be like, based on what you see of love in the world. You have projected the role of "parent" onto God, and have thus come up with a God Who judges and rewards or punishes, based on how good He feels about what you've been up to. But this is a simplistic view of God, based on your mythology. It has nothing to do with Who I Am. - *Conversations With God Book 1* - ΩΩΩ

SPIRITUAL EXPERIENCES

DEPAK'S STORY

My First out-of-body experience. It was an evening in the month of Sept-Oct, 1956. The place was Durgapur of West Bengal state in India. I was at that time a 14 years boy studying in class-x. I was on the portico of our Quarter. Suddenly my

eyes became closed, I fell into a trance and gradually lost my body sense. It seemed to me that my soul coming out my body was approaching towards infinite galaxy. Everything including earth, stars etc. were out of my mind and

reached a void zone. All on a sudden I got back my sense but could not fathom what it was.

After long 20 years passing through innumerable realizations, I realized that I had a Jada Samadhi¹ at that time. In such a state the seer stands at the junction of death and life. Anybody at this state generally crosses the door of life and enters death world. But if he has the blessings of God he returns which happens in my case.

Later on I came to know that this was the initiation of my divine life which flourished by the achievement of God-the-Preceptor who always guided and taught me throughout my life in the spiritual world. After coming in contact with Diamond my divine dreams started.

In my first dream Sri Ramkrishna Deva² appeared and seen sitting on a cot in a hut. The dream then went off. I woke up, slept and dreamt that Sri Ramkrishna was lying on a floor being attacked by cancer (In reality it happened). The house was a two storied and seemed to be unknown. Sri Ramkrishna was giving his blessings on numerous devotees and then turned towards me as if with an intention that whatever I would want he was going to give it. But I wanted nothing and kept silent. All on a sudden I saw the Holy goddess Kali at the door in place of Sri Ramkrishna and then again was transformed into Sri Ramkrishna. I narrated this dream to Diamond and he interpreted that it showed my previous birth.

However, the striking feature was that, in the year 1966, when I was posted in Govt service, I had to go to Kashipur Udyanbati (garden house where Sri Ramkrishna was staying being attacked

by cancer and here he showered his blessings on all devotees) for some advisory work on agriculture. Being there, I got surprised after seeing the house. The same house with same doors and windows he saw in my dream in 1959.

After long years I realized that as the whole universe including past, present and future is within our brain and whenever required, it flashes in dreams. Thus annihilation of time and space occurs. - *Recorded by Depak in India 2012*

PAM REYNOLDS

Pam Reynolds from Georgia, U.S.A. was an singer-songwriter. In 1991, at the age of 35, she stated that she had a near-death experience (NDE) during a brain operation performed at the Barrow Neurological Institute in Phoenix, Arizona. Her experience is one of the most notable and widely documented in near-death studies because of the unusual circumstances under which it happened. Reynolds was under close medical monitoring during the entire operation. During part of the operation she had no brain-wave activity and no blood flowing in her brain, which rendered her *clinically dead*. She claimed to have made several observations during the procedure which later medical personnel reported to be accurate.

Reynolds reported that during the operation she heard a sound like a natural 'D' that seemed to pull her out of her body and allowed her to "float" above the operating room and watch the doctors perform the operation. Reynolds claims that during this time she felt "more aware than normal" and her vision was more focused and clearer than normal vision. Reynolds says she was able to identify surgical instruments and hear conversations between operating

¹Spiritual experience or trance

²An Indian mystic and yogi during the 19th-century.

room staff.

At some point during the operation she says she noticed a presence and was pulled towards a light. She says she began to discern figures in the light, including her grandmother, an uncle, other deceased relatives and people unknown to her. According to Reynolds, the longer she was there, the more she enjoyed it, but at some point in time she was reminded that she had to go back. She says her uncle brought her back to her body but she didn't want to go so he pushed her in accompanied by a sensation like that of jumping into ice water. - *The Atlanta Journal-Constitution*.

HOWARD STORM

Once a self-described “double atheist” and “know-it all college professor,” Howard Storm was leading a three-week European art tour with his students when he retired to his hotel room in France on the last day of the trip. Without warning, he suddenly screamed and dropped to the floor, prompting his wife to call for help. At the hospital, the news was grim: Howard had a perforated stomach that required surgery, and if he didn't get it soon, he would die.

The wait for a doctor to arrive at the hospital was lengthy—so much so, that Howard turned to his wife at one point and said his final farewell to her, insisting that he was moments from death. That's when he recalled finding himself standing next to his own body (which was still on the hospital bed) and feeling more alive than ever, with no more stomach pain. Soon after, he heard unfamiliar voices calling to him.

“Come with us,” they said. “Hurry up, let's go. We've been waiting for you.”

After calling out to his wife and getting no response, he began to follow the voices, which led him out of the room and down a long, dark hallway. He

followed them for so long, and became so increasingly terrified, that he told the voices he wasn't going any further. Then they attacked him.

“We had a big fight and the fight turned into them annihilating me, which they did slowly and with much relish,” he says. “Mostly they were biting and tearing at me. This went on for a long time. They did other things to humiliate and violate me which I don't talk about.”

Collapsed on the ground, Howard began reciting The Lord's Prayer, after hearing a soft voice tell him to “Pray to God.” After saying a few other prayers, he said that Jesus personally saved him from the demons, and sent him back to Earth, telling him to live his life differently.- *Storm's book, My Descent Into Death, was published in 2000.*

BEN BREEDLOVE

When 18-year-old Ben Breedlove of Austin, Texas began posting a series of videos on YouTube telling the world about his rare heart condition, they instantly went viral, attracting millions of viewers. In one of them, he tells the story of being wheeled down a dark hall by nurses to the surgery room, and seeing a bright, peaceful light near the ceiling. He was four at the time it happened.

Through a series of index cards in the video, he wrote: “There were no lights on in this hall. I couldn't take my eyes off it, and I couldn't help but smile. I had no worries at all, like nothing else in the world mattered.” He talks of different times when he “cheated death,” including an incident where he fainted in the hallway at school.

“While I was still unconscious, I was in this white room; no walls, it just went on and on. There was no sound, but that same peaceful feeling I had when I was four. I was wearing a really nice suit, and so was my favourite rapper, Kid Cudi. I then looked at myself in the

mirror - I was proud of myself, of my entire life, everything I have done. It was the best feeling. I didn't want to leave that place. I wish I never woke up."

Ben's videos attracted the attention of rapper Kid Cudi, who apparently "broke down" after viewing them. He responded: "I broke down, I am brought to tears because I hate how life is so unfair. This has really touched my heart in a way I can't describe, this is why I do what I do. Why I write my life, and why I love you all so much."

Christmas Day 2011, one week after posting the videos, Ben Breedlove suffered a heart attack and died. A family friend stated, "There are times that the family is overwhelmed by the pain and the loss of Ben, but then it's replaced with knowing that he was at peace with what was going to happen." The final index cards in Ben's last video stated, "Do you believe in angels or God? I do." - *Ben's videos and other related clips are still available on Youtube.* - ΩΩΩ

IN THE STRUGGLE FOR WORLD PEACE

In giving a dissertation upon world affairs of today, it is well to look back for a moment upon what has occurred in the affairs of nations of the earth, ever since records have been kept of man's doings.

Also it would be well to look upon the *promises* along with the *warnings* which have comprised the record of varied peoples, as they attempted to present the moral, religious and secular life. As an illustration which may help the thinking of individuals, we may compare the record of individual attainment with that of nations' attainments; citing a personal application of what has ever been and ever will be the ruling factors.

Man finds himself endowed with body, mind and soul. Each phase of his consciousness is ever seeking to satisfy or gratify the longings of those three portions of his nature. Hence in man's experiences we find three distinct purposes, or three natural laws pertaining to his material existence. These are: the survival of his species or the preservation of life; the desire to give expression to his own concept of life; the desire to be heard or to be noticed in his activity.

Out of this threefold purpose or desire grows the condition or attitude known in various groups or countries as *nationalism*, *patriotism*, and the *ability*

to rule – or to force his concept upon others. Such attitudes exist in man's experience today. Look for a moment upon those standards which have been proclaimed in the various lands!

But we here, as individuals, have accepted and do accept the tenets of the Nazarene, Jesus of Nazareth. His whole gospel was distilled in the message, "Thou shalt love the Lord thy God with all thy heart and mind, and thy neighbour as thyself." Then to make this law a more practical experience in the lives of individuals, He gave, "A new commandment I give unto you, that ye love one another."

The need in this day and age is that we, as individuals, harmonize and make compatible the relationships between Creative Forces or God, on the one hand; and man's nature in materiality, on the other hand. For he will indeed come again – and woe be unto him who is found wanting! The desire to have peace and the purpose to have peace has grown greater and greater throughout the experiences of the nations of the earth, since that period of the Great War. Not peace at any price, but peace in harmony with man's nature and purpose – purposes and desires made compatible with the spiritual law given by the Teacher.

When this desire is compared with the varied records of groups and nations which have followed – or do now follow – some other good teacher; we find and always will find the great principle, “*Thou shalt love the Lord,*” at the core of every teaching. The manner of applying this to treatment of one’s fellow man is the only variation. This has made for varied applications of man’s desire, in relation to the other two phases of man’s consciousness.

But ever since those periods when man has been prompted to think – *think* - about sources of his spiritual as well as mental and material desires, more and more prayers have gone up from individuals and groups. Yea, whole nations have joined together, almost as one! More and more are secular things being put aside. Hence at the present time, *now*, we find that conditions and circumstances throughout the nations of the world are a challenge to every thinking person. We find that we are not only to, pray for peace, but also to *pursue peace... by living the second phase of the divine injunction, “thy neighbour as thyself.”*

Today, then, we are to answer within our own individual consciousness: “Am I my brother’s keeper?” Not, “What does the world owe me?” but. “What contribution can I make, as an individual soul seeking God and seeking to know His face, which may hasten the day of the Lord?”

Many may ask, “What has the forgoing to do with conditions which exist in the various countries? What has it to do with countries called democracies, or with Fascism, Communism – or any of the totalitarian countries?” (*Today he would be referring to terrorism and jihads – Editor*) Yet everyone should see from what has been indicated: there must be first an individual conviction of the need

to trust God for all the needs of His people, at all times and in every circumstance – whether under democracy or any other form of government.

The seed of disturbance – since the first disagreement about what sacrifice was to be offered and the kind of sacrifice – has ever been that someone was *set a rule by which all others would be judged or to which all must conform!* But the rule is ... and should be ... that one proclaimed from the beginning: “*Know, O Israel, the Lord thy God is One!*”

Although each soul seeks to manifest itself in the material world, the purpose – yea – the ideal – is that all are to work in unison, for the good of all.

“What then.” ye ask, “is to be the outcome? What can I do about it?” Let your daily life be free from criticism, condemnation, hate and jealousy. By this you give power to the Prince of Peace, and so may the Prince of Peace – the love of God – manifest. For as long as you turn your thoughts to these means and manners of meeting and overcoming such destructive forces – you show forth that which can bring the day of the Lord to the world.

The promise is that in the latter days, *there shall be these purposes in the hearts of men, everywhere!* Rest not, then upon those things that become quicksand about thee; but upon the true, the tried arm of God. For the earth is His, and the fullness thereof.

Again, to each of you: *Give God a chance!* Be sure that no man is in authority or in power in the earth today, but that it has been granted by God so that He, the Father, may be better known. Man sees only for the moment. When man has purposed in his heart, God has seen the end thereof. What is the will of the Father? That no soul shall perish! And all will be – all are – tried as if by fire. The fires of nature are what?

Self-indulgence, self-glorification.

yourself.

Turn then, everyone, to the Law of Love, and love your neighbour as

Edgar Cayce - From readings given in 1939. - ΩΩΩ

PROPHECY & FREE WILL

There is a dilemma concerning prophecy. Let us reason this out with an example. You are told by a renowned clairvoyant that you will die in a car accident tomorrow. As the result of this frightful prediction you stay in bed for the whole day with the consequence that you are still alive at the end of the day and the prophecy does not eventuate. Was the prophecy true or false?

Logic would tell you that the prophecy was false because the prophecy did not come to pass. Yet one would wonder what would have happened if you had not consulted the clairvoyant or decided to ignore the prediction and drive in your car the next day.

If prophecies concerning future events always came true then despite any efforts on your part to avoid your fate by staying at home the prediction would still come about, perhaps by a car crashing into your house and killing you while you lay in bed!

The study of prophesies reveals that great numbers of prophecies about future events have indeed come to pass. Perhaps the most renowned clairvoyant on future events was Nostradamus (1503-1566) who foretold events for hundreds of years in the future up to this present time.

Then this question must come to mind: do we have free will or are our destinies pre-determined and we are helpless to change these destinies? To accept fate would be to deny that we have free will and therefore the ability to change our future depending on how we use our free will. Edgar Cayce had

discussions on this subject and stated many times that we do indeed have free will and our thoughts of today create our tomorrow.

Then perhaps a reason why the prophecies of past events came about was because the participants in the events were not consciously aware of the prophecies and therefore were not in a position to make choices which would result in changing the predicted future. On the other hand if we were made aware of the prophecies and made efforts to avoid them this could thwart the predicted fate. This use of our free will would then account for the failure of many prophecies to eventuate.

There arises from this another question: if we do indeed have free will and the future will depend on our use of this free will does God know the future – is He omniscient? This would appear to be a paradox for if we are to accept that we have free will then the future cannot be predetermined and God would not know the future – He would not be omniscient. This question was put to Cayce who gave this answer:

“Having given free will, then, - though having the foreknowledge, though being omnipotent and omnipresent, - it is only when the soul that is a portion of God *chooses* that God knows the end thereof.” 5749 – 14

An interpretation of this is that God reads our hearts – not our actions – and when we make a choice God will know what is in our hearts and from that He will know what our futures will be. – *B.D.A - ΩΩΩ*

THE PARABLE OF THE TALENTS

Parables, which are brief stories that illustrate a moral or religious lesson, were used many times by Jesus in his teachings. The underlying meanings behind some of these parables are clear however the meanings of others are open to various interpretations. The Parable of the Talents in Matthew 24 follows directly after the parable of the Ten Virgins. Both these parables are stated by Jesus as being illustrations of the kingdom of heaven, an association which may be hard for us to relate to unless we have an understanding of heaven as a state of consciousness.

What has intriguing in this parable is the employment of the word *talent* which, in the time of Jesus was a monetary unit used throughout the Roman Empire, the Middle East and Greece. Taken literally the parable suggests that we should use our monetary resources to the best of our abilities, not to squander them or let them lie idle. There is an alternative, very different meaning to the word *talent* that derived over a long period from the original meaning of a unit of weight or money to eventually mean a marked ability or skill, so that nowadays we hear of a 'musical talent.' All of us have talents in one form or another, some of us appear to be greatly blest with many talents and in some cases a person is so talented that he or she is considered to be a genius. Our talents are innate; we are born with them.

When we read the parable and apply this new alternative meaning to the word 'talent' we get a greater picture of the sense of this word when the teaching suggests that we should develop and use our latent abilities and talents, especially for the service to others. Many people in requesting life readings from Edgar Cayce asked about their talents and how they should be developed. In one case of

the brilliant young pianist the pianist's life reading showed how his talent had been gradually acquired in life-times as a musician in Italy, Palestine, Egypt, and Atlantis. In cases like this, one saw how genius is the final flowering of lifetimes of effort and dedication. The cause was effort over many lifetimes and the consequence was talent, capacity, for "as you sow, so shall you reap."

Cayce confirmed that we are all blest with talent:

"For each has some talent, some activity in which it may excel in its relationships to others above all others - for some individuals! Hence know that each soul is as precious in the mind or eyes or heart of God as the other"

He pointed out that we must use what we have even if we consider it to be small:.

"...for to one He gave five talents, to another two. Are you the one talent man that would hide, knowing that there will be required the reckoning? Rather he that uses himself in service to His fellow man lends to the Lord. Of Him will there be given that that makes the success in the mental, in the material, in the spiritual understanding that comes from a life worth while in the vineyard of the Maker."

And we are not expected to give more than we have:

"Use what you have in hand to the glory of Him, and it will be acceptable to Him; for He does not require the application of a ten talent individual from a one talent mind or body."

In a reading given to the Search for God study group, when he was asked what was the best way to obtain one's ideal, Edgar Cayce referred to the parable:

"Then be content with that you have, and use with honour, praise, glory to your ideal that you have, and more

and more is given as there is proper use made of that in hand; for, as was given by the Master of masters, "The kingdom is likened unto a man that making a journey called his servants. To one gave five talents, to another two talents, to another one talent. As they applied themselves, so did they obtain that not as favour, but as understanding - and so rewarded, as called to account for that held in hand. So, obtaining the ideal is making use - spiritual use, first - for Seek first the kingdom and all these things are added unto you."

Through his psychic abilities Edgar Cayce was able to identify the talents of individuals who sought his guidance. These talents uncovered were a very broad spectrum of human capabilities:

(Q) *Is there any special talent I might develop now, or some special work which would satisfy unrest?*

(EC) *As has been indicated, be active in the instruction to the young, or to those of the teen age, - or to those that would seek dramatic outlet, or expression.*

(Q) *What particular talent, or talents, should be expressed in this life?*

(EC) *The making of peace!*

(Q) *What is most pronounced and useful talent?*

(EC) *For the present, healing!*

(Q) *What hobbies will benefit me most in developing any latent talent or ability I may possess?*

(EC) *The study of stones, - especially precious stones.*

(Q) *What talents, if any, does this entity possess?*

(EC) *The most is its ability to wield or yield an influence upon all with whom it comes in contact! This is a talent that may be used for weal or woe, to be sure.*

(Q) *What talent have I that I should develop to the greatest extent?*

(EC) *That of showing love for the unfolding minds of the young.*

(Q) *Can you tell what is this body's*

natural talent?

(EC) *To develop along the lines of any creative forces, the natural gift is that of the artistic temperament in all of its branches.*

(Q) *Should the talent for writing be developed?*

(EC) *Talent for writing, and especially the talent of ministering to others in their needs. And these find a way of expression in the writing. Then most of all, know innately within yourself that there are those activities that make for and bring the how, the manner, the way. That you have innately in thine inner self is expressed. For, as given, many will ever be influenced by what you give out.*

(Q) *What is the special talent of this body, Mr. Cayce?*

(EC) *Designation.*

(Q) *Will you explain that, Mr. Cayce, please?*

(EC) *Giving others, or centralizing force for others as to what they should do. That is, she can choose between the good and the bad for other individuals. She is specially gifted and should use the talent to help others in this way. Fit them for the things they are good for.*

(Q) *Is spiritual healing a gift, or is it a talent we have developed from our past lives?*

(EC) *Both. All force, all power, comes from the same source. To some is given the power of healing, to some the speaking of tongues, to some that of ministry, to some that of another - each as they have built in their experience, and as they seek to be used as a channel of blessings through that they have built for themselves does the blessing come to others. Being free, then let that not become a stumbling block to some. Rather let those efforts of self be in Him, that all blessings may come to those in their respective ways.*

As it is would be a great advantage

if we could identify and become aware of our talents, some of which may be well hidden, it is unfortunate that we no longer have the services of Edgar Cayce to call upon and help us identify them. Possibly then it may be worthwhile for those of us who feel that they do not have

any talent or special abilities to seek help from councillors and life coaches or suchlike to assist in this identification. In any case we are reminded again and again to *use what is at hand!* - BDA - ΩΩΩ

ILLNESS AND ITS' CAUSES

The following is the first part of three of a reading conducted by Mrs Irva Peterson with the psychic Ross Peterson in Michigan, USA in June 1977.

IRVA: Please clear the mind and inform us when the mind is clear.

ROSS: The mind is clear.

IRVA: Dear Lord, Please protect this entity from all negative influences, regardless of source, and give us the answers we seek of this inquiring mind through the manifestation of truth, intelligence, and love, amen.

Could you please allow your mind to go to whom, to where, to what and to when it is directed. The questions we have all basically pertain to ill health and its cause; and are designed to be available to the general public, in aiding the greatest number of people toward the furthering of their soul development. Please-adapt your answers to the fulfillment of this objective, and phrase your answers to the comprehension level of the layman rather than to the specialist.

What is the cause of physical illness?

ROSS: Whether it is understood or not, or whether it is accepted or not, all illnesses of any entity are the end result of sin. Sin for what? Sin first, in that of the thoughts, for thoughts are real, as real as anything you might know.

Man is on the brink of developing mechanical contrivances that will eventually be able to measure the length of wave that is contained within a single thought. When this is consummated, then you will find that of the records that

man knows as the Akashic Records will be available to all by employing mechanical means. Then man will be able to explore specific causes of illness with specific individuals.

However, for that that would be most helpful now. The sins, and there are many misconceptions of what is sinful and what is not; is that that ultimately causes a disruption within the physical form.

In order to more easily understand this, we would have to discuss the subject of matter, as man knows matter; density, or the lack of that of the same. Now if you would take any physical body, or any object that you know as matter, you would find that it is composed basically of what man knows as atoms. Now, if you would explore the structure of an atom and go inward into that of an atom, you would find within the atom many mini atoms. For you could go inward, and inward, and inward, and inward forever. Yet you would never truly touch upon that what man knows as matter. For in actuality, density is nothing more than the end result of a gathering or conglomeration of thought. This is the creative force of God expressed in its simplest terms. For all things are of God and of the force of God. If man but knew of the powers of his mind, then man could create a world in an instant, as God is capable of doing so.

However, in order to more easily

understand life in it is best to look to the mind.. For mind is the builder. Mind is the master. Mind is the direct link to the creative forces.

Now the thought of mind is transmitted to every atom of a physical body. For this atom is in a constant state of vibration, and can be honestly considered a universe within itself; and contained within this universe might be a planet and contained within that planet might be universes, within universes, within universes. All are vibration. All are a portion. or an extension of the thinking process. Be aware that what is held in the mind in the form of thoughts ultimately must always be produced within that of the physical form.

Now, if any entity so chooses, and it is within the providence of any that do so choose they can duplicate, they can emulate, they can copy so to speak, that of the tenet that was laid down by he who was the master. Jesus who obtained the Christ Consciousness. This entity, and many others, have obtained that purpose in this dimension; by so knowing the law, and understanding the law, that they became the law, and when they do, they radiate perfect health. Now is this to say that these masters never wearied of flesh? Never felt tired? Never felt listless and despondent? No! This is not what is indicated. For the master, and other masters, were weary to their very bones at times. Were tired, and occasionally there were those who imbibed a little too much of the food and drink, and did suffer the consequences; but none the less, they would radiate that might be known as perfect health in this dimension.

Now understand first of all, the physical body itself is an expression of selfishness, and the sin of self must be answered. If there would be a mind that would be filled with peace and tranquility; one who would not condemn;

one who would not hate; one who would not envy; one who would not judge; then you would find that the average lifetime of that entity in that of the flesh would be roughly between one hundred and twenty and one hundred and forty years as you count time. Any entity who does not live to this physical age has simply committed the greater number of sin. There are exceptions to every rule, and this depends upon the purpose of the entering in of the soul itself. But you can safely say for most, that the earlier the demise of the physical body, the greater amount of sinful thinking.

Hold you mind tightly upon that of your ideal. Your aspirations, which should be first and foremost, which is the attainment of the Godhead itself. Learn the one law, the only law, the law of love, and the physical illness within any physical body may be cured. There are no incurable diseases. No incurable illnesses. Only incurable attitudes of mind. Modify the attitudes and then you begin the healing process. For what is it that heals? Is it the lotion? Is it the potion? Is it a massage? Is it certain forms of surgery? All these things might be helpful, but it is the natural state of the body to be healthy. When it is not, then the body is racked with disease. Take the word "disease" itself. For "dis" means without, and "ease" is certainly self-explanatory. When a mind is without ease, the body becomes "diseased". See?

IRVA: Would you please give us some illustrations of the diseases that are linked with particular mental attitudes?

ROSS: We can give you some, although you know the causes would be legion. You may take an individual that experiences deformity in part of the body, and you might enumerate anywhere from a million to three million different specific causes.

The question cannot be encompassed within the finite scope of man's mind.

For in reality, that what was the sin or the cause of the disruption existing within the physical form, can go into the infinite.

However, there are certain generalities that we may speak of. If you would find those that would be stiff and unyielding in their thinking. Those who can be narrow, opinionated, and ultraconservative; those who would be defines as most judgmental; then you may rest assured that their bodies at some time will become rigid as is their thinking. If it sounds too simple to you, you could say this and know it to be true: if any entity would let too many things or actions of others gall him, then you

would find disruption in the gallbladder.

If you find individuals who cannot express their feelings, they would be compared with a boiler with no safety valve, and as the spirit or force of emotion continues to fill the boiler, eventually there must be an explosion. This is usually manifested in the physical as what is known as a stroke, or cerebral hemorrhage. For other it might erupt in a heart attack or failure in this respect. But understand that each physical body has certain portions of it that are very strong, and certain portions of it that are very weak. There is generic difference in all bodies. *(To be continued next issue.)* - ΩΩΩ

WHAT OTHERS THINK ABOUT RELIGION

The purpose of all major religious traditions is not to construct big temples on the outside, but to create temples of goodness and compassion inside, in our hearts. - *Tenzin Gyatso, 14th Dalai Lama*

All religions must be tolerated... for... every man must get to heaven his own way. This is my simple religion. There is no need for temples; no need for complicated philosophy. Our own brain, our own heart is our temple; the philosophy is kindness. -*Dalai Lama*

Religion is regarded by the common people as true, by the wise as false, and by the rulers as useful. - *Seneca the Younger*

No man treats a motor car as foolishly as he treats another human being. When the car will not go, he does not attribute its annoying behaviour to sin, he does not say, "You are a wicked motorcar, and I shall not give you any more petrol until you go." He attempts to find out what is wrong and set it right. - *Bertrand Russell, 'Has Religion Made*

Useful Contributions to Civilization?'

You can safely assume that you've created God in your own image when it turns out that God hates all the same people you do. - *Anne Lamott*

I believe in God, I just don't trust anyone who works for him. - *Anonymous*

I didn't know I had a quarrel with him" was Henry Thoreau's answer to the question, "Have you made your peace with God?"

Scriptures: the sacred books of our holy religion, as distinguished from the false and profane writings on which all other faiths are based. -*Ambrose Bierce*

An Inuit hunter asked the local missionary priest: "If I did not know about God and sin, would I go to hell?" "No," said the priest, "not if you did not know." "Then why," asked the Inuit earnestly, "did you tell me?" ~*Annie Dillard, 'Pilgrim at Tinker Creek'*

Christian fundamentalism: the

doctrine that there is an absolutely powerful, infinitely knowledgeable universe spanning entity, that is deeply and personally concerned about my sex life. - *Andrew Lias*

On religious issues there can be little or no compromise. There is no position on which people are so immovable as their religious beliefs. There is no more powerful ally one can claim in a debate than Jesus Christ, or God, or Allah, or whatever one calls this supreme being. But like any powerful weapon, the use of God's name on one's behalf should be used sparingly. The religious factions that are growing throughout our land are not using their religious clout with wisdom. They are trying to force government leaders into following their position one hundred percent.

If you disagree with these religious groups on a particular moral issue, they complain, they threaten you with a loss of money or votes or both. I'm frankly sick and tired of the political preachers across this country telling me as a citizen that if I want to be a moral person, I must believe in A, B, C, and D. Just who do they think they are? And from where do they presume to claim the right to dictate their moral beliefs to me? And I am even more angry as a legislator who must endure the threats of every religious group who thinks it has some God-granted right to control my vote on every roll call in the Senate. I am warning them today: I will fight them every step of the way if they try to dictate their moral convictions to all Americans in the name of conservatism. - *Barry Goldwater* - ΩΩΩ

LAUGHTER – THE BEST MEDICINE

Religions are like farts. Yours is good, but everyone else's stinks. ~*Picket Fences*

Instead of being born again, why not just grow up? ~*Author Unknown*

The point is, could God pass an examination in Theology? ~*Malcolm Muggeridge*

I considered atheism, but there weren't enough holidays. -*Anonymous*

A politician is a fellow who will lay down your life for his country. - *Texas Guinan*.
19th century American businessman. - ΩΩΩ

CHRIST IN YOU

Part 1 **Twenty-Sixth Lesson - “The Control of Self and Environment”**

The world around, or rather the visible world, as you know, full of wonderful possibilities, though yet imperfect, because unconquered; illusory and shadowy only because man has not reached the crown of being. As man evolves, the whole material plane is lifted into a higher condition. The seasons depend on God in man, and are according to the inner mind. The world is world and lawless in some regions, so much so that man is subject to the nature of world spirit. Misused energy and

uncontrolled force call for lord and master, as the trees of old asked for a king to reign over them.

If you read this carefully, you will find much hidden truth. God made man to rule and to have all things subject to him. The world is gradually learning some of these higher mysteries. If you had a tree or plant under your control, in time it would respond, and assume its highest possible form, on condition you became one with its higher laws, and you are meant to become this. I merely give

you this simple truth to lead you higher. The physical world is governed by its own forces and passions, and not by the spiritual, the only real. For the teaching of this very lesson Jesus stilled the storm with the word "PEACE," since He had control over His own natural and physical self, and afterwards used the God-given right of dominion. You are the channels through which the divine will and energy manifests its one self. To effect this you must become selfless and at one, for the Lord thy God is one Lord and not many.

There are spiritual treasures hidden in your earth awaiting your appropriation. These wonders and glories are un-revealed to the physical or fallen man. Cain stands for the symbol of the spiritually blind; he speaks the truth when he says: "My punishment is greater than I can bear." Christ your Redeemer is leading you back to your own. You are alive to the truth of being – the

omnipotence of God in man.

You are now learning that the natural and sense body can have no control, but shall manifest wholeness and love. There is a greater and glorious work to be done in your planet: the Christ work of healing – and this is possible to all whom have physical control. We urge you to do your part. God never fails, and victory is yours. You will know exactly how to act as the need arises. Take no thought – only in all things obey the spirit, and never for a moment allow the sense to suggest failure, fear, or doubt. On all occasions speak to the senses the word of power – "Get thee behind me Satan." God waits to pour Himself out. I say you can prove Him. He never fails or makes a mistake. Do you not see what a beautiful work awaits you? You receive by giving. The more you bless, the greater the power of blessing.

Love is the greatest of all healers, and finds its own way. - ΩΩΩ

OUR CLOSING THOUGHT

"What is it all about then? 'You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.' The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day by day, preferring as did the Christ who died on the cross rather than preferring the world be His without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!" 3976-29 ΩΩΩ

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