



# The Rainbow Journal

No. 93 May 2016

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*Journal of:*

**The Edgar Cayce Society of New Zealand**

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## FROM THE EDITOR

In the previous issue of the Journal our leading article was on law which was based on our religious beliefs that have formed a part of the laws of nearly every country in the world today. In this issue we will continue with a brief discussion on the myriad of laws not specifically based on religion that form the bases of our legal systems. For want of another name, I have referred to these laws as 'Social Law'. -  
*Brian Alderson ΩΩΩ*

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### SOCIAL LAW

It does not matter how small or how large societies are, they all have laws; sets of rules which, 'forbid, permit or mandate specific actions and relationships among people and organisations.' There are great multitudes of laws that fill literally hundreds of volumes of law books and most of us know just a very few of them. Normally adults do however have a general idea what we can or cannot do without breaking any of these laws. One set of laws that we are most familiar with are those concerning our motor vehicles and rules relating to how we are to behave when driving on public roads. No doubt the great majority of us have been fined at least once for braking some traffic law or regulation.

In theory, the objective of laws in a democracy is to serve the best interests of the people and reflect their highest aspirations. Laws are the *means* of government by which the *ends* of political parties in government are attained. Like other things created by man, laws have the same general characteristics as all of our other creations, they, too, can be designed and improved by the same quality methods used to design and optimize our other creations.

The characteristics of social law include the 'Letter of the Law'. A law is a written order - a set of instructions that provides directions for human behaviour. The entire written content of a law is the 'letter of the law,' and it is nothing more or less than the fixed arrangement of its words and punctuation. The letter of the law *attempts* to convey the spirit of the law.

On the other hand the 'Spirit of the Law', contained within the letter of the law is the purpose, or intent, which is termed the 'spirit of the law.' For any given law, the spirit of the law is the hoped-for change, or benefit, that the law will produce, as predicted by the law makers.

These social laws are the forcible means by which a government achieves its goals; they are coercions, restrictions, prohibitions, or commands for action that attempt to regulate or change the behaviour or status of those individuals and institutions that are subject to the law.

To encourage us and institutions to comply with the law, each law has a mechanism of enforcement, or authorized sanction (the 'carrot or stick'), that is applied to accomplish the intent of the law. Subsidies, fines, and imprisonment are examples of mechanisms that may be used as the forcible sanction of a law.

All laws consume and divert resources. The costs to a government for the creation and operation of its body of laws are borne by us, the people. To pay the direct costs of laws, governments create and enforce additional laws (at additional cost to the people) to raise revenue through sanctions such as punishments, taxes, fees, and fines.

Laws, like all other human creations, may or may not be useful, but they always produce unintended side effects. The parameters used to measure the side

effects of laws are the human rights, living standards, and quality of life standards of the people - any or all of which may be unintentionally degraded when a law is enforced.

Because various countries in different parts of the world have diverse cultures that have developed over extremely long periods of time their legal systems also developed in different ways. What may be legal in one country is illegal in another. Countries have been separated from each other either geographically or politically, sometimes for very long periods of time resulting in the cultures of these countries being developed in different ways with different moral codes and value systems as well as different religions. The specific system that a country follows is often determined by its history, its connection with countries abroad, and its adherence to international standards. There is no single legal system covering the whole world. Each country can independently make its own laws, except perhaps when countries, as members of the United Nations, are expected to adhere to certain standards in certain matters such as that of human rights. Penalties can vary greatly depending on where you are. If you steal fifty dollars in one country you could be fined \$500 while in another country you could have your hand cut off.

Law is commonly equated with justice but when we attempt to equate social law with justice some of the flaws in the laws themselves and in the ability of our society to bring about justice as a result of the laws will immediately become apparent. Social laws can be defined, written and enforced, however justice is an ideal and as such cannot be so defined and enforced. Ideals are principles or values which can be actively pursued as goals but can rarely be reached. As we begin to look at some of the less obvious attributes of social law we find that we can expose the inherent flaws which detract from their ability to provide justice..

We probably accept and concur with our criminal laws except that when we are the victims of crime we often feel that the sentence handed down to the offenders are not severe enough. Some laws may not have the support of a large minority, or even a majority, such as those laws concerning certain drugs and laws on moral issues such as homosexuality. Some laws discriminate, or at least do not protect the rights of minorities.

Generally criminal law aims at protecting individuals and their property however some criminal laws are attempts to control the moral behaviour of a society and brings up the difficulty of defining what is considered as 'moral' or 'immoral.' Also time passes and societies change as do attitudes to moral behaviour. Different societies have different moral codes so, while some acts such as murder and theft may be universally unlawful other acts considered highly immoral and criminal in one society may be considered quite legitimate in another. At this time we see Western lawmakers grappling with a number of these moral issues including abortion, homosexuality, human rights, cloning and euthanasia. Also religion and culture has an impact on our standards of morality and related laws.

Because criminal laws are passed that sometimes result in certain acts becoming illegal when they were previously not illegal, this results in the creating of criminals out of people who were not criminals for doing the same thing prior to the enactment of the laws. It would follow that as more and more laws are passed to make more acts illegal we are ever increasing the number of criminals. A classic example of this was when the prohibition laws were enacted in the U.S. in 1920, and

lasted for 13 years, which almost overnight created a crime wave throughout the country and at the same time new classes of criminals – those that sold alcohol and those that drank it. Today, in New Zealand since the 1970s a new class of criminals was created by outlawing the possession of any amount of cannabis. Based on a recent report by the New Zealand Drug Foundation 42% of us Kiwis could be classed as criminals because we have, at one time or another been in possession of and smoked cannabis. One can see why at times “the law is an ass.”

When it comes down to it we are once again reminded of the lone law that, if followed, fulfils the spirit behind all social and religious law . . . “. . . *the whole law can be summed up in this one command: 'Love your neighbour as yourself.'*” (Galatians 5:14).

FROM THE EDGAR CAYCE READINGS

*Practice ... charity to all, love to all; finding fault with none; being patient with all, showing brotherly love and brotherly kindness. Against these there is no law! 1620-1*

*... as has been pronounced, the letter of the law kills, but the spirit of the law makes alive. Then the spirit of the law is exemplified in He that is the Law of Love, and Grace, and Mercy, and Truth. And they that use such associations, such meetings as such, become helpmates one to another - or stepping-stones for a greater development. 1648-2 - BDA ΩΩΩ*

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## MY BODY AND I

Our readers would have many times come across our reference to ourselves as consisting of “body-mind-soul” or “body-mind-spirit.” As examples - Edgar Cayce: “*There is the physical body, there is the mental body, there is the soul body. They are One, as the Trinity.*” Neale Donald Walsch: “*Remember the triangle – the Holy Trinity: spirit-mind-body.*” Christ in You: “*Each of you is a trinity, living on three planes – the planes of spirit, souls and body.*” Paul Solomon: “. . . *the three temples, of the mind, the body, and the spirit.*”

But how much thought do we give to this phrase and have asked ourselves: What is the “body”? “What is the “mind”? What is “soul” and what is “spirit”? If we do not spend time on contemplating the meaning to us of each of these words they can be used so glibly that the reality denoted by them is ignored and neglected. We need a much deeper and considered understanding of each of these components so as to help us awaken from the mundane, unenlightened consciousness of not knowing who we really are.

### THE BODY

Starting with the physical part of us we call our “body”, from the usual viewpoint, it is this fleshy, bony “thing” that we awaken to each morning. We start the day by dressing and grooming it, then let it relieve itself of accumulated wastes followed by shovelling food and liquid into it which gives our brain a moderate sensation of pleasure. During the day we walk or drive from place to place to carry out our regular routines. At times we give it various forms of pleasure ranging from simple acts of eating, drinking and nature walks to more ecstatic forms of pleasure such as massages and other titillating activities. Finally, we lay it down to rest at night in sleep.

But from a more “up close” biological viewpoint, the body is an utterly

marvellous, living assemblage of exquisite organ systems, whose simultaneous, relatively-smooth functioning is really a miracle. Here is how one writer put it: “Consider what is this fantastic Intelligent Energy that fertilized a pinpoint-sized egg cell in a woman's womb and grew it for nine months into a fetus—unfolding 10,000 generations of genetic memory, and differentiating this single little cell into various kinds of cells such as muscle cells, nerve cells, blood cells, and so forth? What is the Intelligent Energy that then brought this organism from the womb into the world, since which time it has grown from infancy into childhood into its present adult form of about five or six feet tall, comprised of some 75 trillion cells for the average body? Incidentally, the configuration of these approximately 75 trillion cells is rather unusual - only about 3.4 trillion cells are tissue cells, and another 31.5 trillion cells are native non-tissue cells, mainly in the form of erythrocyte red blood cells (~28.5 trillion), plus platelet cells, white blood cells, lymphocytes, macrophages, and other macrophage system cells. Beyond all these native cells, our bodies contain, on average, about 40 trillion foreign cells, mostly bacteria in our colon. As scientists like Robert Krulwich have pointed out, 'there are more bacteria in you than there is 'you' in you.... Aliens from outer space might conclude that humans are just one big chain of microbe hotels.’”

#### THE MIND

What is the mind? We can never find a satisfactory answer from a scientific viewpoint because science does not recognise the existence the spiritual, so comes up with answer like those found in Wikipedia: “The *mind* is a set of cognitive faculties including consciousness, perception, thinking, judgement, and memory .”

Edgar Cayce gives a very different definition:

*“That which is the active force in an animate object; that is the spark, or image of the Maker. Mind is the factor that is in direct opposition of will. Mind being that control of, or being the spark of the Maker, the Will of the individual when we reach the plane of man. Mind is the factor governing the contention, or the inter-laying space, if you please, between the physical to the soul, and the soul to the spirit forces within the individual or animate forces. We have the manifestation of this within the lowest order of animal creation. These are developed as the mind is developed, both by the action of all of the senses of the body, as we have them developed in man. Mind is that which reasons the impressions from the senses, as they manifest before the individual.*

*“Mind is the active principle that governs man. Mind is a factor, as the senses are of the mind, and as the soul and spirit are factors of the entity, one in all, all in one. We are speaking from the normal plane, of course. As the impressions are reached to the storehouse of the body, the mind is that factor, that principle, that portion that either segregates, correlates or divides the impression to the portion needed, to develop the entity or physical force toward the spark or infinite force, giving the life force to the body. The mind may be classified into the two forces, - that between the physical and soul, and that between the soul and spirit force. We see the manifestations of this, rather than the object or the mind itself. We find this always manifested through one of the senses, the same as we find the Psychic forces a manifestation of the soul and spirit; the mind a manifestation of the physical.*

*“With the division of the mind force as given, we see why in the physical*

*plane individuals become misunderstood or misrepresented. They do not reach the same manifestations from other individuals. Hence the expression, 'They are all of one mind.' 'To do good, they become of one mind, to do evil they are many.' The nearer approach the mind comes to the divide, between the soul and spirit forces, the nearer we become to that infinite force that guides when it is allowed to the individual's actions day by day." 3744-2*

#### THE SOUL

Cayce sees soul as the developing portion of our whole nature. It is ever changing, growing, and learning, and uses free will to explore, create, test, discover, and more. Soul is the ultimate companion to the Creator; a true companion, because it has the free will to choose to be a companion or not. The soul is also uniquely able to bridge the gulf between the spirit realms and the physical realms, between our divine, godly self and our earthly self. The mind of the soul is the subconscious. It may operate independently of the Collective Consciousness of the Creator. (At least, it is allowed to think it does. After all, there is no way to actually be outside of the Whole.) Or, it may act in harmony and conscious at-one-ment with the Collective Consciousness.

Q: Mr. Cayce, what is the soul of a body?

A: *That which the Maker gave to every entity or individual in the beginning, and which is seeking the home again or place of the Maker. All souls were created in the beginning, and are finding their way back to whence they came.*

Q: Where does the soul go when fully developed?

A: *To its Maker.*

From Cayce's perspective, *"the study of subconscious, subliminal, psychic, soul forces, is and should be the great study for the human family. Through self man will understand his Maker when he understands his relationship to his Maker. He will only understand that through himself. What one thinks continually, they become; what one cherishes in their heart and mind they make a part of the pulsation of their heart, through their own blood cells, and build in their own physical, that which his spirit and soul must feed upon."*

As we get caught up in this world where we are mostly governed by our reaction to what we experience through out five senses and focus our concerns on our bodies we forget who we are - marvellous beings created in the image of God.

EDGAR CAYCE

*God-likeness, must be Lived! For remember, in spiritual, in mental, in material things you grow in grace, in knowledge, in understanding. Keep applying the material things, surely; but do not depend upon materiality - for it gains nothing in mind or soul. For the soul of this body needs to be awakened. - 3290-1*



## **ACTION AND DISCIPLINE**

Theories are true for us only as they are useful to us. No matter how unimpeachable the source of the Cayce material, no matter how valid and trustworthy it may be, the material is of no value to us unless personal application helps us to live richer lives. As the readings suggest, we are in the earth plane to improve it:

*“ . . . unless each soul entity . . . makes the world better, that corner or place of the world a little better, a little bit more hopeful, a little bit more patient, showing a little more of brotherly love, a little more of kindness, a little more of longsuffering - by the very words and deeds of the entity, the life is a failure; especially so far as growth is concerned. Though you gain the whole world, how little you must think of yourself if you lose the purpose for which the soul entered this particular sojourn!” 3420-1*

The short time we may spend each week in meditation or following a spiritual path is only a fraction of the time we spend awake each week. What we do or fail to do the rest of the week will determine how successful we are at finding and being ourselves. There is a computer term “GIGO” which stands for “garbage in, garbage out” inferring that the quality of what is fed into the computer will determine the output. This also applies to us. It is difficult for us to escape neuroses if we persist in spending a great deal of our waking time wallowing in the the woes of millions of strangers through media which seems to consider only the horrors of humanity to be “newsworthy.” Do we get absorbed in countless violent movies and gory TV series devoted to aggression and murder? In between these programs we may glue our eyes to the TV screen watching countless advertisements designed to arouse desires causing us to spend money we don't have on things we really don't want.

Are we allowing ourselves to become willing robots who react unthinkingly to the suggestions of publicists and spin doctors working for various interests? Do we challenge what is being portrayed and said, see through the deception by asking ourselves: “What do they really mean? How do they know?”

To escape this consistent bombardment of negative messages it is suggested we should carry out an exercise in discipline for at least a week and preferably a month:

Read no newspapers, listen to no radio news (unless of course there is some event taking place, such as a storm, that will directly threaten your safety). Watch no TV no DVDs, and no movies, unless they are inspirational. If necessary this may mean secluding yourself in your room. For younger people who spend their days working and have little time left for idle entertainment this may not be a difficult exercise. But for stay-at-homes and retired people in particular this may seem to be cruel and unusual punishment. Yet we should consider that around the world communities spend their whole lives without such distractions and are happier because of it.

Cutting out these old habits will no doubt open up a great deal of time that must be spent somehow, so what are we to do to replace these negative mind desensitising activities? We can take the computer saying GIGO - “garbage in, garbage out” and replace it with PIPO - “positive in, positive out”. We can replace the negative mental input from the media and TV with good books, inspiring music, and quality time spent with the family. When we are alone we can devote more time to

physical exercise, stimulating reading and extra time devoted to meditation where rich rewards are assured. We can work on our ideals, firming them up and studying them, studying the relationships of our purposes, goals and standards to ourselves as whole persons - physical, mental and spiritual.

Even a period as short as one week when we consciously avoid all negative stimulus and instead devote all our spare time on self study and reading inspirational material can have long term effects and hopefully introduce new habits, improving our sense of worth and well-being.

FROM THE EDGAR CAYCE READINGS

*"To gain first the purposes for which he has entered any given experience should be the desire and aim of every entity seeking to know its place, and seeking to be a channel for the greatest manifestation of that the entity sets as its ideal. Let the entity then first determine in self, "What is my ideal - physical, mental, spiritual?" And know that unless it be founded in things spiritual it must eventually turn and rend you." 528-1*

*(Q) In what way may I best attain my ideal?*

*(A) "Well that an individual know that in the attaining of an ideal of an earthly making is satisfaction, and if of spiritual making is obtained only in spiritual understanding - which gives contentment. Then be content with what you have, and use with honour, praise, glory to your ideal what you have, and more and more is given as there is proper use made of what is in hand; for, as was given by the Master of masters, "The kingdom is likened unto a man that making a journey called his servants. To one gave five talents, to another two talents, to another one talent. As they applied themselves, so did they obtain that not as favour, but as understanding - and so rewarded, as called to account for what was held in hand. So, obtaining the ideal is making use - spiritual use, first - for 'Seek first the kingdom and all these things are added unto you. . . In the applying of self day by day in every way, what you know, that makes a personal application of what you know to do, without questioning of the morrow; for the morrow has its evils and its goods, sufficient unto self. Today is! Use what you have in hand. So does the awakening come. Even as called by God to lead a peoples, as was Moses, a shepherd and the flocks in Moab. Use what you have in hand, for the ground whereon you stand is holy!" 263-13 (Based on the booklet "Edgar Cayce and Group Dynamics.") ΩΩΩ*

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## MUSLIMS – SUNNI OR SHIITE?

The differences between Sunnis and Shiite Muslims is some ways is very similar to the differences between Protestant and Catholic Christians. Schisms in of both these major religions of Christianity and Islam have caused death and misery.

This divide between Muslims is traced to 632 A.D., when the Islamic Prophet Muhammad died and a debate emerged about who should be his successor. Both sides agreed that Allah is the one true God and that Muhammad was his messenger, but one group (which eventually became the Shiites) felt Muhammad's successor should be someone in his bloodline, while the other (which became the Sunnis) felt a pious individual who would follow the Prophet's customs was acceptable.

"The original schism between Islam's two largest sects was not over religious doctrine. It was over political leadership."

Both Sunnis and Shiites read the Quran, the sayings of the Prophet. Both believe Prophet Muhammad was the messenger of Allah. And both follow the five tenets of Islam: They fast during Ramadan, pledge to make a pilgrimage to Mecca, practice ritual prayer (which includes five prayers each day), give charity to the poor, and pledge themselves to their faith.

Their prayer rituals are nearly identical, with slight variations: For example, Shiites will stand with their hands at their sides, Sunnis will put their hands on their stomachs. They also both believe in Islamic law but have different applications for it.

Their beliefs over who should have succeeded the Prophet Muhammad is the key theological difference between the two. Sunnis also have a less elaborate religious hierarchy than Shiites have, and the two sects' interpretation of Islam's schools of law is different. Shiites give human beings the exalted status that is given only to prophets in the Quran, often venerating clerics as saints, whereas Sunnis do not.

The great majority -- upwards of 85 to 90 percent -- of the world's more than 1.6 billion Muslims are Sunnis. Shia constitute about 10 to 15 percent of all Muslims, and globally their population is estimated at less than 200 million. Whereas Sunnis dominate the Muslim world, from West Africa to Indonesia, the Shiites are centrally located, with a vast majority in Iran, predominance in Iraq and sizable populations in Syria, Lebanon and Yemen.

Tensions between Saudi Arabia and Iran that date back decades heated up recently following the Saudis executed a prominent Shiite opposition cleric Sheikh Nimr al-Nimr in Saudi Arabia. Much of the regional rivalry is about who wields the most political muscle in the Middle East, but it has its roots in a rift between the Sunni and Shia disciplines of Islam that opened 1,400 years ago. Saudi Arabia is the most powerful purveyor of Sunni Islam, far and away the larger sect. Iran is the heart of Shia Islam.

Note that regional politics have played a large part in divided Islam just as it has in divided Christianity. -BDA ΩΩΩ

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## WHAT DO YOU KNOW ABOUT MARIJUANA?

There has been much talk recently about marijuana in New Zealand particularly with regards to its legal status for use as a medicine. Few of us are aware of the marvellous properties of hemp of which marijuana is but one variety. Before we can make informed judgement and decisions over this wonderful plant we need to know a little more about it. The following is from an article in - <http://www.leafscience.com> which provides a little light on the subject:

The word cannabis often brings to mind images of a burning joint or a bong filling up with white smoke. Most of the time, the term wouldn't be equated with plant-based plastics, durable paper or military grade fabric. But in reality, cannabis has just as much to do with these industrial hemp products as it does with the recreational drug better known as marijuana or pot. This begs the question — how is hemp different from marijuana?

### 1. Genetics

Cannabis is believed to be one of the oldest domesticated crops. Throughout history, humans have grown different varieties of cannabis for industrial and medical uses. Tall, sturdy plants were grown by early civilizations to make a variety of foods,

oils and textiles, such as rope and fabrics. These plants were bred with other plants with the same characteristics, leading to the type of cannabis we now know as hemp.

Other plants were recognized for being psychoactive and were bred selectively for medical and religious purposes. This led to unique varieties of cannabis that we now know as marijuana. According to Dan Sutton of Tantulus Labs, a Canadian company that specializes in cannabis cultivation technology, “the core agricultural differences between medical cannabis and hemp are largely in their genetic parentage and cultivation environment.” In fact, scientists believe the early separation of the cannabis gene pool led to two distinct types of cannabis plants. The two species (or subspecies) of cannabis are known as *Cannabis indica* and *Cannabis sativa*.

## **2. THC Content**

Cannabis plants contain unique compounds called cannabinoids. Current research has revealed over 60 different cannabinoids so far, but THC is the most well known. THC is credited with causing the marijuana high. While marijuana plants contain high levels of THC, hemp contains very little of the psychoactive chemical. This single difference is what most rely on to distinguish hemp from marijuana. For example, countries like Canada have set the maximum THC content of hemp at 0.3%. Any cannabis with higher THC levels is considered marijuana instead. In comparison, medical marijuana produces anywhere between 5-20% THC on average, with prize strains tipping the scale at 25-30% THC.

Hemp and marijuana plants contain another important cannabinoid: CBD. Hemp plants produce more CBD than THC, while marijuana produces more THC than CBD. Interestingly, research has shown that CBD acts to reduce the psychoactive effects of THC, separating hemp further from marijuana.

## **3. Cultivation**

Hemp and marijuana are grown for different uses, and therefore require different growing conditions. “Medical cannabis has been selectively bred over generations, and its characteristics are optimized in its cultivation environment to produce female flowering plants that yield budding flowers at the flowering stage of their life cycle,” explains Sutton.

In contrast, Sutton describes hemp plants as “primarily male, without representing flowering buds at any stage in their life cycle.” Instead, centuries of selective breeding have resulted in “relatively low concentrations of THC, and tall, fast growing plants optimized for higher stalk harvests.”

Achieving maximum THC levels in marijuana is tricky and requires close attention to grow-room conditions. Marijuana growers usually aim to maintain stable light, temperature, humidity, CO<sub>2</sub> and oxygen levels, among other things. On the other hand, hemp is usually grown outdoors to maximize its size and yield and less attention is paid to individual plants.

## **4. Legal Status**

As you might already know, all cannabis is illegal to produce in the United States. Both hemp and marijuana are classified as Schedule I drugs under the Controlled Substances Act. However, outside the U.S., hemp is grown in more than 30 countries. In 2011, the top hemp-producing country was China, followed by Chile and the European Union. Hemp production is also expanding in Canada, with the country’s annual crop reaching a record high of 66,700 acres in 2013. Interesting enough, it is legal to import hemp products into the United States. According to the

Hemp Industry Association, about \$500 million worth of hemp product is imported every year.

Marijuana, on the other hand, remains illegal in most countries. A few, such as Israel and Canada, have recently started to regulate marijuana as a medicine. But the legal production of marijuana is subject to stricter rules than hemp, since it is still widely considered a narcotic.

### **5. Research**

The strict laws surrounding both forms of cannabis — hemp and marijuana — makes any research very difficult. “The political implications of that scheduling, from a research perspective, are limiting,” explains Sutton. “To my knowledge, of the thousands of academic and research bodies in the United States and Canada whom would be equipped to perform agricultural or medical research on this unique species, only around 40 have actual research licenses to study the plant in a limited context.”

Despite these barriers, researchers are making progress in understanding the way medical marijuana works to assist in managing an ever-expanding list of disorders. What’s more, developments in hemp technology continue to reveal new and intriguing ways that this industrial plant can contribute to society in the future. Recently, researchers at the University of Alberta created a supercapacitor using raw hemp material, making the manufacturing of cheap, fast-charging batteries from hemp a real possibility. Hemp fibre is also being used to develop new forms of renewable plastic, which has made it a common material in the car parts industry. But as legalization spreads across the globe, the opportunities to explore the potential of the cannabis grows too. The possibilities are endless, and this is one thing hemp and marijuana have in common.

### ***Hemp – A Viable Crop***

The best option for local farmers is to produce seed for use in the foods and cosmetics industries. Hemp seeds are incredibly high in protein as well as the Omega fatty acids, plus making foods is a lot easier than building a textile mill or biofuels plant. However the Australia-New Zealand Food Authority has banned the use of hemp seeds in foods here, meaning growing hemp is currently uneconomic for many farmers. This policy is being reviewed.

Hemp fibre, made from the stalks of the cannabis sativa plant, is the longest, strongest and most durable natural fibre known. Unlike it’s cousin marijuana, Hemp contains no THC and is suitable for apparel, accessories, upholstery and building construction, with higher quality yarns constantly being developed. Hemp cloth can be dyed using current techniques for natural fibres.

Hemp screens out around 95% of harmful UV-rays, and has excellent breathability and humidity absorption qualities. Paper made from the inner stalks (hurds) will not yellow or go brittle with age; it also needs no bleaching and may be recycled more times than wood pulp-based paper. The cultivation of hemp requires very few fertilisers or pesticides and so is better for the environment than nearly any other crop. Hemp is ecologically sustainable and actually conditions the soil where it grows. We can expect to see more natural fibres in use and a movement away from synthetic fibres as concern for the environment grows. Hemp typically yields between three and five tons per acre. -BDA ΩΩΩ

## WORDS OF WISDOM FROM C.W.G.

### *OUR GOVERNMENT*

Government is the human attempt to mandate goodness and ensure fairness. Yet there is only one place where goodness is born, and that is in the human heart. There is only one place where fairness can be conceptualized, and that is in the human mind. There is only one place where love can be experienced truly, and that is in the human soul. Because the human soul is love.

### *TRUTH AND GOD*

Truth and God are found in the same place: in the silence. When you have found God, and when you have found truth, it is not necessary to talk about it. It is self-evident. If you are talking a lot about God, it is probably because you are still searching. That's okay. That's all right. Just know where you are.

### *YOU CHOOSE YOU EXPERIENCE*

You are being given the opportunity to live out your own destiny. Your own consciousness will create the result. Which means that in this, as in all things, what you think is what you get. What you fear is what you will draw to you. What you resist, persists. What you look at disappears - giving you a chance to recreate it all over again, if you wish, or banish it forever from your experience. What you choose, you experience.

### *LOVE AND FEAR*

Ultimately, all thoughts are sponsored by love or fear. This is the great polarity. This is the primal duality. Everything, ultimately, breaks down to one of these. All thoughts, ideas, concepts, understandings, decisions, choices, and actions are based in one of these: And in the end there is only one. Love.

### *THE DEVIL*

Men invented the devil to scare people into doing what they wanted, under the threat of separation from God if they did not. Condemnation, being hurled into the everlasting fires of hell, was the *ultimate scare tactic*. Yet now you need be afraid no more. For nothing can, or ever will, separate you from Me.

### *BE THE LIGHT*

Behold the darkness, yet curse it not. Rather, be a light unto the darkness, and so transform it. Let your light so shine before men, that those who stand in the darkness will be illumined by the light of your being, and all of you will see, at last, Who You Really Are. Be a Bringer of the Light. For your light can do more than illuminate your own path. Your light can be the light which truly lights the world.

Shine on, then, O Illuminati! Shine on! That the moment of your greatest darkness may yet become your grandest gift. And even as you are gifted, so, too, will you gift others, giving to them the unspeakable treasure: Themselves.

### *BELIEF AND REALITY*

Believing that you cannot have something is the same thing as not desiring to have it, for it produces the same result. -ΩΩΩ

## WHAT'S IN A WORD?

Words are our framework of meaning. Every one is a metaphor reaching to something beyond it's simple spelling and articulation. Words have incredible power. The words we use define ourselves and the world around us. They shape our reality. Our words determine our ideologies.

In India there is a group of people who have been oppressed for over 3,000 years. They have been referred to as the “untouchables.” They are relegated to the worst jobs, cleaning sewers and removing the bodies of dead animals from the roads. Even the cows, whose bodies they clean from the side of the road, are treated with far more respect. Over the course of time, the identity of the “untouchables” has been stripped of all dignity – just because of a label - word - given to them.

Perhaps we may abhor this treatment of the “untouchables”, but are our eyes clear enough from debris that we can see the speck of dust in the eyes of others? Let us look at just a small fraction of the multitude of words we use to put down our brothers and sisters – Nigger, Whore, Slut, Red-neck, Chink, Queer, curry-muncher. These words are pregnant with incredible bigotry potency and intolerance . These words tell the story of oppression – especially of minorities – of ignorance, racism and mistrust.

Words are the foundation upon which we build our lives. This holds true for wonderful words like Love, Light, Justice, Honour, Truth, Joy, Peace, Happiness, and Beauty. These are beautiful words, yet they are words we seem to use sparsely.

Some scientists have said, “All a person is in the end...is a story you tell yourself.” Others have claimed that our language shapes our thoughts. This means we are the words we use, the sentences we share, the paragraphs and narratives we build in association with the actions of our bodies.

Jesus had something to say about words, too. Each of the verses below include the Greek word *Logos*, which means more than just vocabulary. It is thought and logic and reason.

*In the beginning was the Word, and the Word was with God, and the Word was God. (John 1:1-2)*

*For by your words you will be acquitted, and by your words you will be condemned. (Matt. 12:37)*

*Heaven and earth will pass away, but my words will never pass away. (Matt. 24:35 )*

*Others, like seed sown on good soil, hear the word, accept it, and produce a crop – thirty, sixty or even a hundred times what was sown. (Mark 4:20)*

*I tell you the truth, whoever hears my word and believes him who sent me has eternal life and will not be condemned; he has crossed over from death to life. (John 5:24)*

FROM EDGAR CAYCE:

In the beginning was the Word. The Word was God. The Word was with God. He moved ... and souls – portions of Himself – came into being. Of the dust of the earth was the body-physical created. But the Word, the Mind, is the controlling factor of its shape, its activity, from the source, the spiritual entity. - 262-13

He is the Word; He is that which may not be divided - but Divined in each word that makes for the correlating, the coordinating, the understanding of those motivative forces of your activities in the earth. - 1089-3 -BDA ΩΩΩ

## **CHRIST IN YOU**

### **PART II NINETH LESSON**

#### **The Soul**

I should like to continue our discussion on the soul, for I rejoice to know that you realise the spiritual world to be here. You will live in it more and more, learning that spirit is true substance, and that you function truly from your luminous body, holding within yourself all you need.

Wherever you see beauty, truth, or goodness, it is God finding expression, and you will see them when you least expect when dwelling on the spiritual plane, and much that seems to the natural eye good, beautiful, and true you will prove to be false imitations of the real. Music, art, poetry are the expressions of God. All genius is God revealing Himself; by the very revelation, the soul refines the outer body, which should be as clay in the hands of the potter.

All states of existence, now, and in the future, are determined by the inner life and its expression. It is not enough to know that you possess the indwelling power to become the eternal Christ. Your real work, like that of Jesus, is to express God. Your environment is the outcome of your mind and thought. Heaven and hell are states of existence you make for yourselves here and now. Your fall away from truth is caused by the soul's separation from God's thought, and by following the false self-consciousness. Listen to your own Lord and Christ, who brings deliverance to the captive and sight to the blind, who redeems your life from destruction.

The seven creative days are experiences within yourself. God speaks the word of power when he says, "Let there be light, and the light shineth from within." The dividing of the waters is the separation of the divine and the human, the firmament symbolising the Heavenly-Divine, and the seas the Earthly-Human. The separation of the seas and land means the first state of receptivity, to express clearly that land (mind) is free and awaiting God's manifestation. And God said, Let the earth (mind) bring forth, and God says within you, to your soul: bring forth, manifest, express My thought.

Then you read: God gave the two lights, the greater and the lesser. These symbolise the lights of the two understandings – human and divine. The seas are fruitful on the fifth day, thus proving the creativeness of mind and the birth of ideas. Then we read of larger growth, larger idea, to we come finally to ourselves – man in the image of God, God's idea. You have not entered into the seventh period yet. It is one of great delight and triumph. Read this for yourselves with the spiritual understanding.

Each soul creates its own Heaven, and there is a sense in which each created being augments Heaven by its own created environment. By your rebirth into the spiritual kingdom, heaven itself becomes greater. In this sense you can understand better what I mean when I tell you that all are benefited by one, because you are a part of all. I use the language of earth, but you have spiritual discernment. We can never find true language to express Heaven and God, since the first is a state of consciousness, and the second infinity.

I have given you these three lessons on the same subject, as it is good for you to live according to divine and spiritual law. With all your getting, get wisdom. When the soul sees and knows, life appears orderly, and the body of flesh sensibly obedient. Be patient; much more shall be revealed. The kingdom of heaven is open to all

believers.

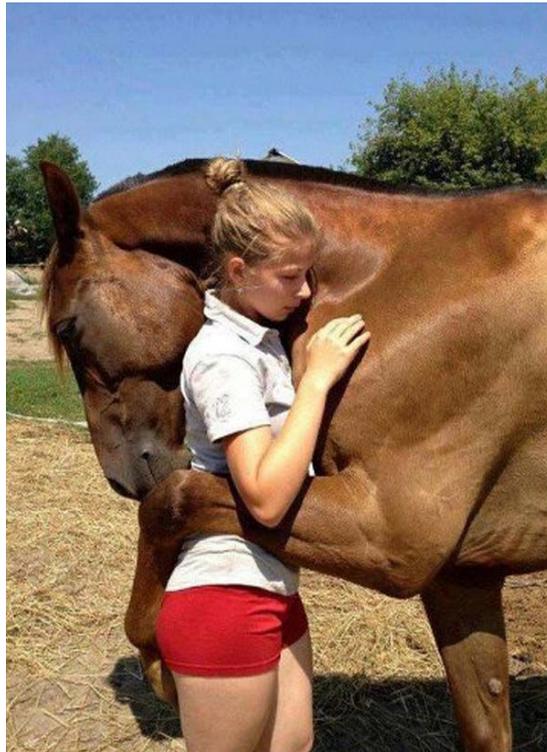
Love, Peace, Joy. - ΩΩΩ

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## OUR CLOSING THOUGHT

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day by day, preferring as did the Christ who died on the cross rather than preferring the world be His without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!” 3976-29 ΩΩΩ

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