



The Rainbow Journal

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Contents

FROM THE EDITOR	2
ATTUNEMENT AND APPLICATION	2
WHAT DOES 'MAKE AMERICA GREAT AGAIN' MEAN?	6
THE SOLUTION TO THE WORLD'S PROBLEMS	7
EDGAR CAYCE'S PROPHECIES	8
A MATTER OF PERCEPTION	9
REINCARNATION -FACT OR FICTION?	11
WAR, TRADITION & CULTURE	12
FROM HERE AND THERE	12
CHRIST IN YOU	13
LOVE	14
OUR CLOSING THOUGHT	14

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FROM THE EDITOR

While I was considering how to celebrate the 100th issue of the Journal I was re-reading the book 'The Edgar Cayce Primer' by Herbert B. Puryear published in 1982. I was so taken by the chapter 'Attunement and Application' which seemed to sum up how we are to take the path to self-transformation in our search for God that I decided to reprint the whole chapter as the opening article in this landmark issue. The book is still available from Amazon and other top booksellers. - *Brian Alderson ΩΩΩ*

ATTUNEMENT AND APPLICATION

We wonder most about ourselves. Why are we so prisoned in the here and now, in a universe so unimaginably immense? We wonder about our relationship to the people around us. - near and far, small and great. Why? Why am I the way I am? Why are they the way they are? Why am I failing? Why am I succeeding? Why am I ill? Why am I well when others are ill? Why is this relationship going the way it is? Why can't I know what to do? Why can't I be free to be what I want to be? Why is there so much suffering? Why can't I be happy?

We look around for answers. We look to that family member, neighbour, or friend who seems to have something special that we do not have. We look to the famous for a victorious glimpse of the good life, and we look to the great for meaning. We find that we learn all too slowly and reluctantly and painfully.

We must first become *the seeker!* When we become seekers we not only put into action the following universal law but we also claim it as a promise - Seek, and you shall find.

BECOMING THE SEEKER

There is much to learn! We are quick to acknowledge that we do not know all there is to know about chemistry or physics or such. We anticipate new developments in every field of human endeavour except those that deal with "religion." We say that we "believe in" or "don't believe in" certain teachings. Many of these issues are not just matters of belief but matters of fact, which rest upon truths about the nature of man and the universe. Either the universe works in certain ways or it does not; we should anticipate progress in understanding these universal laws. Perhaps the major problem has been the failing to differentiate between knowing *what* we believe and knowing *in whom* we believe.

How ready are we to grow into a deeper understanding? Growth may mean change and change may be painful! As we become seekers where are we to turn?

We know that we gain most in insight and inspiration from history's great teachers; yet, we resist accepting their gifts. We resist the light they would share with us because imagined differences of background, culture, language, tradition and beliefs. We may search out some flaw or generate some misgiving to avoid an encounter with the great wisdom these teachers might share with us. Because we are fearful and unsure of ourselves, we cling to beliefs which, even in our own minds, are inadequate and sometimes untenable.

If we could just get a real and living sense that Moses does not belong only to the Jews, nor Jesus only to the Christians, Gautama does not belong only to the Buddhists, Mohammed does not belong only to Islam, Mahatma Gandhi not only to

India, George Washington Carver does not belong only to the blacks, and Helen Keller does not belong only to the handicapped!

With a more open attitude toward our fellowman, we could lay claim to a much broader and enriching world view. Instead we permit narrow-mindedness and dogmatism, unfortunate childhood experiences, or imagined limitations of background and tradition to rob us of the riches to be gleaned from the lives of these great people - gifts that are for all to claim. The more we treasure a sense of value of humanity, the more surely we may sense that we share it with all others. The simple decency of acknowledging the essential inter-relatedness of all life in the world should be accompanied by a more profound awareness of the brotherhood of all.

Now our seeking has led us to the life and works of Edgar Cayce. He is just such an example of insight and inspiration for all who will accept the gifts presented through him. Yet his readings, which were documented, tested, and verified, and through which thousands have been helped and healed, were also represented by him as containing nothing new. This should not come as a surprise, because the central truth to which this information would lead us is what all spiritual teachers have affirmed; and the essence of this truth, which is always twofold, may be found in these words: Attunement and Application. All that we truly long for lies within the depths of our own innermost being; but to become our own it must be lived in our actions.

Thus, these two words together constitute an action form of the great commandment: "To love God with all our heart, mind and soul" is *attunement*. "To love our neighbour as ourselves" is *application*.

ATTUNEMENT

Can we deny that everything we value most deeply is a produce of the human mind? All of the sciences, inventions, the arts, the creative manifestations, the sacred literatures have developed because of individual minds struggling for a kind of perfection. Yet creative people have often sensed that they were simply channels through which a greater reality was being expressed. Attunement is a quickening, an elevation of consciousness. It puts us in touch with that *greater reality*. We know this to be so, yet perhaps we have thought that deep attunement was possible only for the great, or reserved for others, but surely not something we could do anything about or practice on our own. yet each of us may discover that only by seeking and growing in inner attunement, does each of us come to know our own unique and individual *way*.

Attunement to what? What is the essence of our inner being? What is that *greater reality* which has been the source of creative inspiration of the great contributors to mankind's heritage? Many have difficulty in referring to this *reality* as God. Some prefer the term "Creative Forces." The Edgar Cayce readings work with the first premise of Oneness, the Oneness of all force - the Law of One. Regarding attunement, the readings speak in the strongest terms of a personal quality of this *reality*, a reality which each of us can experience.

APPLICATION

In most areas of life, it is all too apparent that diligent, energetic, persistent application is regularly accomplished by uncommon success. This relationship between application and accomplishment is so obvious that were we not aware of a

few seeming exceptions, we would call it a universal law. However, even though we see this principle working in certain obvious ways, as in productivity in a factory, we may not see how it may work in healing our bodies or developing healthy family relationships. In *all* areas of life, when we apply what we know, we come out ahead.

Nothing hinders us more than saying one thing and doing another. Yet all of us know more of what constitutes a "better way" is in many aspects of our life than we are willing to apply. There is a quality within us which deters us from doing our best. If we could identify and confront that quality, accept responsibility for it and not project it upon others, we would take a great step toward our own better well-being.

All that is asked of any of us as souls is that we do what we presently know to do. When we do what we know to do, the next step is already given. There is a saying from the East that when a student is ready the teacher will appear. This is often taken to mean that a person will appear as a master: however, another way of understanding this truth is that when we bring ourselves to the point of being truly ready to learn, the learning experience needed will be forthcoming. We may think of ourselves as being ready to learn only insofar as we are applying what we already know.

MOTIVATION AND THE IDEAL

All of us have often said to ourselves "If only I could bring myself to do what I know I am capable of doing. If only I could get motivated." We recognize a vital ingredient that some people seem to have and others do not. Or we find this quality seem to come automatically in some areas of our lives and not at all in others. Motivation seem to comprise a major dimension of what really counts in life.

There is a whole cluster of concepts which are related to this dimension of motivation: intention, incentive, desire, purpose, aspiration, the spirit in which we act, the ideal. We recognize the *intensity* of motivation when we say someone is highly or poorly motivated. We also recognize the *quality* when we speak of being selfless or self-centered in our motivation.

The Cayce readings emphasize the crucial nature of the dimension of life when they stress that ". . . the most important experience of this or any individual entity is to first know what is the ideal - spiritually." (357-13) By the word 'ideal,' the readings refer to the standard of quality of motivation by which we measure our decisions and actions.

Here is the difference! Rather than taking our motivation for granted as an unknown and unchangeable given (i.e. "That's just the way I am."), we are told to set an *ideal* by an act of our own will, to choose a *standard* of motivation by which we as individuals intend to measure our decisions and with which we wish to quicken our actions.

Thus, the first step in becoming motivated is to choose a standard of motivation which we want to have as the driving force behind our actions.

The second step is to dwell upon this quality with the mind - not the intellect - but the imaginative forces of the mind. The key consists of inducing the mind to dwell upon the ideal. As we require the imaginative forces of the mind to dwell upon a high ideal, we are actually selecting the motivational circuitry in the body through which the life force may flow.

An ideal is not something we make happen or attain: it is something we allow

to flow through us. If we set 'love' as an ideal, still we cannot of ourselves love. However, by establishing love as a standard or ideal, by dwelling upon love in the mind, and by acting in accord with love as a standard for behaviour, we begin to permit the power of love to *flow through* us. As the spirit of love flows through us it begins to transform our lives and the lives of those around us.

THE PURPOSE OF THE WORK OF EDGAR CAYCE

Edgar Cayce often commented on the purpose of his work. The essence of what he said is contained in a statement given as a motto for the work: "To make manifest the love of God and man." (254-42) This again is the application of the great commandment: to love God with all our heart, mind and soul: and to love our neighbour as ourselves. The motto means, essentially, to *live* the great commandment.

On one occasion Edgar Cayce was asked to comment on "correct attitude . . . in order to maintain and keep first and foremost before self and the public the correct ideals of the Association for Research and Enlightenment (A.R.E.)." To this he replied:

" . . . the simplicity of the ability of individuals to apply that as may be obtained from their own subconscious self, cosmic forces and universal consciousness (or call it by whatever name the individual may choose) – this is the great truth that must be apparent to the layman, the individual, the scientist, the mathematician, the historian, the individual seeking information through these sources finds this apparent . . . that this force is apparent in the earth's development at this time through another form or manner is only an expression to individuals that all are a portion of the divine, the creative energy, the whole, and this purpose kept first and foremost is that sure success of the approach of committee, individual, and association, to the public." 254-46

Notice how attunement and application appear in this reading: the simplicity of the individual to *apply* that as may be obtained from their own inner *attunement*.

Now consider the second half of the reading which refers to Edgar Cayce himself: ". . . that this force (Edgar Cayce as its vehicle) is apparent in the earth's development . . . through another form . . . is only the expression . . . that all are a portion of the divine." In other words, the extraordinary work of Edgar Cayce, including his ability to tune in to the cosmic forces and universal consciousness was a demonstration of the principle that all of us are a portion of and can attune to the divine, not by using a phrase as a catch word, but rather by living the exemplary life.

Experiencing the helpfulness of the readings does not at all require that we "believe" in them, but rather that we regard the information as worthy of examination and potentially helpful. Instead of endorsing the readings as a direct source of guidance, we should think of them as a source of encouragement and instruction on how to attune to the Spirit within. The specific information in the readings is to be *tried* and not *believed in*. Try it. If it helps, fine: if not, leave it alone.

SUMMARY OF SOME NEXT STEPS

Our challenge always entails two dimensions: the right spirit of attunement, and the right application. The right spirit is begun by establishing an ideal and by dwelling upon that ideal in daily meditation. Right application grows out of

choosing to act upon our best attunement and understanding.

You can begin now with the following next steps:

First, take a piece of paper, a journal or diary or a dream record book. Write a list of words that have an impact on you, elicit a sense of high or proper motivation. Choose one word and begin to dwell on it., making decisions based on the quality of motivation which is awakened by the word.

Next, begin to establish a daily quiet time on which to base a later practice of regular meditation. Set a specific daily time period. During this period, read something of our choice which quickens within you a high sense of meaning and purpose. read and re-read this again.

Then choose one thing in your life which you have been intending to change for the better. Write it down. bring this resolution regularly into relationship with the word you have chosen as an ideal. Seek in your quiet time to be given the needed energy and proper attitude to bring about this change in your life. ΩΩΩ

WHAT DOES 'MAKE AMERICA GREAT AGAIN' MEAN?

Now that the hype of President Donald Trump's inauguration as the 45th President of America dies down one may start to wonder what he will do to "make America great again."

What does "great again" mean?

With this thought in mind I decided to do a Google search for the meaning of "great" in the context of the above statement.

The first item that popped up was what follows below. Interestingly this blog was not written in response to Trump's victory as it was posted in 2008, but one may see how it applies just as much today as when it was posted.

So here is one man's - Iric Cowley, administrator in the Village Council, Kokhanok, Alaska - opinion:

What makes a country great? I believe above all else a country's main function is to provide an environment where its citizens can fulfil their functions. I tend to agree with Plato that our function is the pursuit of Truth and, well, Truth is the Good.

What is Good? Well, I believe that the Good is what is Just. I would argue that what makes a country just is when it supplies an environment for a multiplicity of voices to come together for rational dialogue.

A great country is a country that allows everyone up to the table to eat and discuss. It attains to be equal and just and ultimately to further advance the posterity of all humanity. Now more than ever we are aware of the universality of human existence and due to that we should be quick to apprehend our urges to 'other' people. We must simultaneously be a community, uplift each other, and allow for the flowering of the individual.

I think one of my favourite poets and one the greatest American poets, Walt Whitman, said it best, "The greatest country, the richest country, is not that which has the most capitalists, monopolists, immense grabbings, vast fortunes, with its sad, sad soil of extreme, degrading, damning poverty, but the land in which there are the most homesteads, freeholds - where wealth does not show such contrasts high and low, where all have enough - a modest living - and no man is made possessor beyond the sane and beautiful necessities." - ΩΩΩ

THE SOLUTION TO THE WORLD'S PROBLEMS

Although Edgar Cayce gave the following reading to the first A.R.E study group in January 1932 - over 85 years ago - the message is just, if not more, applicable today as on the day that it was given.

We witness that much of the blame for the world conflicts we are a part of today is placed on the Muslim population but many people in Europe, the Americas and in other industrialised countries, mostly confessing the Christian faith, seems to be drifting further and further away from the main commandments of Jesus - that we love one another, even our enemies, and that we are do to others what we would want them to do to us.

THE READING:

With the advent of the closeness of the worlds coming into being, so that the man upon the other side of the world is as much the neighbour as the man next door, more and more have been the turmoils that have arisen in the attempt of individual leaders or groups to induce, force or compel, one portion of the world to think as the other, or the other group to dwell together as brethren with one bond of sympathy, or one standard for all.

With the present conditions, then, that exist - these groups and nations have all come to that place in the development of the human family where there must be a reckoning, a one point upon which all may agree, that out of all of this turmoil that has arisen from the social life, racial differences, the outlook upon the relationship of man to the Creative Forces or his God, and his relationships one with another, must come to some common basis upon which all may agree. You say at once, such a thing is impractical, impossible! What has caused the present conditions, not alone at home but abroad? It is that realization that was asked some thousands of years ago, "Where is your brother? His blood cries to me from the ground!" and the other portion of the world has answered, is answering, "Am I my brother's keeper?" The world, as a world - that makes for the disruption, for the discontent - has lost its ideal. Man may not have the same *idea*. Man - *all* men - may have the same *ideal*!

As the Spirit of God once moved to bring peace and harmony out of chaos, so must the Spirit move over the earth and magnify itself in the hearts, minds and souls of men to bring peace, harmony and understanding, that they may dwell together in a way that will bring that peace, that harmony, that can only come with all having the one Ideal; not the one idea, but "You shall love the Lord Your God with all your heart, and your neighbour as yourself!" This is the whole law, this is the whole answer to the world, to each and every soul. That is the answer to the world conditions as they exist today.

How shall this be brought about? As you, each in your own respective sphere, put into action what you know to be the fulfilling of what has been from the beginning, so does the little leaven, leaven the whole lump. 3976-8 ΩΩΩ



EDGAR CAYCE'S PROPHEESIES

ON THE MIDDLE EAST

Note that the readings refer to events 1600 years ago when the Christian Crusades invaded Muslim countries and now we see history repeating itself.

"...As is understood by many, in the earth manifestation and the cycle of time much repeats itself ... There are still influences indicated in the lives of groups banded as nations, banded as peoples, still influenced by those happenings. What then, ye ask, is the influence that makes for this great change that may be expected?"

"The powers of light and darkness, as then, as sixteen hundred years before. As in those periods, so today – we find nation against nation; the powers of death, destruction, the wrecking of that which has been and is held near and dear to the hearts of those who have through one form or another set ideals.

"These are not to be questioned, in that as may be a helpful force; but what is coming to pass? And how may you as individuals help? ... Strifes will arise through the period. Watch for them near Davis Strait in the attempts there for the keeping of the life line to a land open. Watch for them in Libya and in Egypt, in Ankara and in Syria, through the straits about those areas above Australia, in the Indian Ocean and the Persian Gulf." (3976-26) April 28, 1941

ON CHINA

Decades before the rest of the world was thinking about the enormous impact that China would have upon the global stage, Edgar Cayce predicted great things for China and its people. On one occasion, Cayce told a group of people that eventually China would become *"the cradle of Christianity, as applied in the lives of men"* (3976-29), suggesting that the personal application of spiritual principles would become paramount to the Chinese people. Cayce then went on to caution that it would take a long time to manifest but that it was the country's destiny: *"Yea, it is far off as man counts time, but only a day in the heart of God – for tomorrow China will awake."*

On another occasion, in 1943, when a thirty-six-year-old book publisher asked about the destiny of China, just prior to his own trip to the country to serve in the capacity of a missionary, Cayce promised amazing changes in the country that would lead to more democracy and greater religious freedom. He also suggested that eventually the height of civilization would move from the West to the Chinese people: *"And these will progress. For, civilization moves west."* (2834-3)

Reading 3976-29

"The sin of China? Yes, there is the quietude that will not be turned aside, saving itself by the slow growth. There has been a growth, a stream through the land in ages which asks to be left alone to be just satisfied with that within itself. It awoke one day and cut its hair off! And it began to think and to do something with its thinking! This, here, will be one day the cradle of Christianity, as applied in the lives of men. Yea, it is far off as man counts time, but only a day in the heart of God - for tomorrow China will awake. Let each and every soul as they come to those understandings, do something, then, in his or her own heart."

ON RUSSIA

In the same reading (3976-29) Cayce spoke of Russia's role as being the 'hope of the world' in a coming time:

“In Russia there comes the hope of the world, not as that sometimes termed of the communistic, or Bolshevik, no; but freedom, freedom! That each man will live for his fellow man! The principle has been born. It will take years for it to be crystallised, but out of Russia comes again the hope of the world.” - ΩΩΩ

A MATTER of PERCEPTION

“Cats keep elephants out of the garden. I know this is true because we have cats and we have never had an elephant in the garden.”

What a dumb statement! You may think. Yet some of our long held beliefs are based on wrong conclusions from true statements such as quoted above. Consider: I have always had a cat. I have never had an elephant in my garden. Both these statements are correct. Conclusion: Cats keep elephants out of the garden. If it happened that someone did not have a cat and an elephant which escaped from the circus ran through his garden this event would be positive proof of the effectiveness of cats!

Many of our deeply held beliefs are based on bad logic, wrong perceptions and conclusions, half truths and superstitions.

Our brains are wonderful mechanisms however because of the myriad of operations they must perform each second of the day they are inclined to take short cuts in our thinking processes. These short cuts are often in the form of prejudices – we pre-judge, we come to conclusions based on very limited amounts of information. We use our past experiences to judge current situations. If we have been bitten by a dog or spider in the past we will now be particularly weary of dogs or spiders. This generally makes sense but sometimes we reach conclusions based on wrong logic or too little information.

When I was young, in the early years post WW2, because of intense labour shortages, women took over more and more roles previously reserved for men. But there was a general prejudice when it was considered women to be poor drivers and while people observed incidences of men driving badly, it was the witnessing of an incidence of a woman involved in an accident or a near miss which would confirm this prejudice - that women are in fact worse drivers than men. Fortunately in New Zealand we have moved on from this prejudice against woman drivers.

In recent years there have been many people from China migrating to New Zealand. Following the surge of these migrants it became common to hear talk about the “bad Asian drivers.” We would hear the statement that “Chinese are bad drivers.” This statement, not being qualified is technically true. A list of ten Chinese who were all judged bad drivers could be produced as proof that “Chinese are bad drivers.” However by the same token the statement “Chinese are good drivers” is also true for a list could also be produced naming ten good Chinese drivers.

Without any qualifications statements like the above are meaningless. To give the statements sense some quantifying adjective would need to be applied. So that we should more correctly say “some Chinese are bad drivers” just as “some Chinese are good drivers.” This will result in taking the intended sting out of the original statements as we could apply the words “some are bad drivers” to all races and ethnic groups. To put the sting back into the statement we have to say “All Chinese are bad drivers”, however we could be quickly shot down as only one good Chinese driver would need to be produced to prove the statement false. We could probably

get away with the statement “most Chinese are bad drivers” as without appropriate statistics this could not be proven or disproved. But again without supporting statistics the statement using the word “most” could be applied to any group of drivers.

What we are concerned here is about the common ploy used in communicating when we make unqualified statements. Using unqualified statements imply ‘all’ when that is not the case and this can lead to deception, a trick often used by politicians and ‘spin doctors’ in order to sway public opinion. Take the statement “Muslims are terrorists”, a statement which has caused much ill-feeling and resentment both in Muslim and non-Muslims circles. The statement is true to the point that there is proof that some Muslims are terrorists but it is also true that some Christians are terrorists. The Klu-Klux-Klan was a right wing Christian terrorist organisation and at one time three of the United States FBI top ten most wanted criminals were anti-abortion terrorists - Christians, one and all, committing acts of terrorism in an effort to promote their religious beliefs. So just as the statement “Muslims are terrorists” may be technically true so also is the statement “Christians are terrorists.” To be more correct we would again need to add the word “some” but note that as soon as we do so the whole potency of the statements evaporates.

There is another illustration close to home of this misleading non-application of qualifying adjectives is in statements by political activists and the news media when they use the word ‘Maori’ (which can be in the singular or plural case). Some examples taken from a recent article on news reporting:-

1. Newspaper headline: “Maori women turning to crime – report.” Are all Maori women turning to crime? Or only some - just as there are some Pakeha¹ woman turning to crime?
2. “Maori writing styles are ... different from Pakeha” Do all Maori have writing styles which are different from all Pakeha?
3. “Maori experiences of the community they live in are different from Pakeha experiences of the same community.” Do all Maori have one particular experience in a community which is distinctly different from the experiences of all Pakeha in that community? Is it not more likely that each individual has slightly different experiences?

We are not concerned here over Asians, bad drivers, terrorism and issues facing Maori but we wish to point out how frequently this thinking error is employed, either accidentally or deliberately.

The non-application of qualifying adjectives is just one example of misleading communications leading to misinterpretation and deception. Next time you hear or read statements from politicians and activists keep an eye out for these unqualified remarks. - *BDA ΩΩΩ*



1 A Maori word to describe non-Maori.

REINCARNATION - FACT OR FICTION?

In the last issue of the Rainbow Journal I reprinted an article appearing in the Journal at the beginning of last year because I believe that our acceptance of reincarnation as a fact can be life changing. Why? because by believing in reincarnation we accept that we are more than just a physical body, that a statement in the New Testament "*and as it is appointed unto men once to die, but after this the judgement*" (Hebrews 9:27) purportedly stated by Paul to the Hebrews is wrong. We have lived on this Earth many times before and will continue to do so after his life. One may ask why is it, that with all our technology and advances in knowledge and science reincarnation is still regarded by a great portion of the world's population as a myth?

There are a number of reasons for this, a major one being that, like many matters involving the non-physical, e.g. the existence of our soul, can never be proven using physical methods. After all the existence of God has not been proven by science. The other leading reason is that most organised religions reject such a belief.

"I find it interesting that people are still debating whether reincarnation is fact or fiction. As a Metaphysical Hypnotist who has experienced countless past life regressions, and also regressed clients into one or multiple past lives, reincarnation is a cold hard fact. It can be a harsh reality to realize that there is an order and purpose to each lifetime and that every life lived presents the opportunity to evolve or de-evolve along the path to higher consciousness. Certainly, I can appreciate the reluctance to consider that reincarnation might be a fact. You might stumble on an unanticipated responsibility to add to your current existence. It might create more work. Rest assured, heightened awareness is worth the effort! Fully understanding yourself, who you are and why you are here, living on planet Earth, is the greatest exploration you can undertake. It's vitally important that you understand who you are, what you learned along the way, and what important things you are capable of achieving." - *Elizabeth Rose, Author, Clinical Hypnotist. - BDA ΩΩΩ*

WAR, TRADITION & CULTURE

The other day over a general discussion with friends I mentioned that culture was not the same as tradition. This seemed to surprised them as they considered tradition and culture to be the same thing.

One definition of 'tradition' is: "the handing down of statements, beliefs, legends, customs, information, etc., from generation to generation, especially by word of mouth or by practice." We do many things the one way because that is the way it has always been done; in other words that is the 'traditional' way on doing them. But while a definition of culture includes: "*the customary beliefs, social forms, and material traits of a racial, religious, or social group*" it is also "*the characteristic features of everyday existence shared by people in a place or time.*"

The older ones of us in particular, know how much the way we live, *our culture*, has changed during our lifetime. Our language has changed with a whole host of new words and meanings added to them. Our arts, songs, dances and music have all changed. Laws have changed; standards and moral conduct have changed. Some of the foods we eat and the way we cook them have changed. Culture then is a

living thing, it is said to be the sum of the way we, as a society and as individuals, live today. Furthermore culture is in a constant flux or change so that the culture we live in today, at least in most developed countries, is quite different to what it was half a century ago, and the further back we go the greater the changes in our culture.

Our culture is created and re-created in a continuing process of sometimes barely discernible steps that repeatedly replace the misconceptions and mythologies of one age with the understandings and rationality of another. This in turn changes our view of the world which again causes change which in turn results in the creation of yet another new culture. This rotation, this cycle can be a delightful and dizzying upward spiral, but it doesn't happen by itself - we have to work at it.

There comes a point in this cycle of change, as we push back the frontier of the known, when we realize that what we've held as rational has become rationalization. There comes a point where we once again uncover in our thinking a mythology masquerading as rationality. That point, that instant of realization, exists on the creative edge of our culture. These pivotal points are difficult to see at the time, and are generally discovered by looking back, but I believe we are in the midst of a considerable shift of mind toward a perspective that embraces this kind of perpetual change; a shift toward a more humanist perspective.

War has been part of our culture for thousands of years, so I suppose in that respect our culture has not changed at all. A large part of our national budget is spent on 'defence', more correctly 'war' because since WWII all our warring has been done in foreign countries. But there is hope.

More and more of us are waking up to the fact that, while our national leaders may support and rationalize wars we, the populace, will refuse to be part of, and engage in them any more.

This will be the greatest culture shift of the 21st century when, as Nostradamus predicted "After this (war and conflict) has endured for a long time, there will be a golden age... Then a universal peace will commence between God and man."

FROM HERE AND THERE

As a reader pointed out, the statement in the last issue "*Over 95% of the violence in the world is found in TV entertainment, the media and computer games.*" is not correct, What it was meant to say is: "*Over 95% of the violence in the world **we witness** is found in TV entertainment, the media and computer games.*" Most of us, in our day to day lives, seldom encounter violence. - BDA

Jesus was the Peacemaker. It was not what he said that mattered but what he was. This is why he did not say: "Do what I say" but rather "Follow me " i.e. do what I do. - BDA

Your mind is like a parachute, it doesn't work unless it's open." - Jordan Maxwell.

You cannot 'do' peaceful, you can only 'be' peaceful. You cannot 'do' loving you can only 'be' loving. You cannot 'do' unified, you can only 'be' unified. Shift,

then, your state of being. Do not seek first to change the world, seek first to change the self. When you achieve that, your actions will automatically change. - *The New Revelations - NDW*

When you meet anyone, remember it is a holy encounter. As you see him you will see yourself. As you treat him you will treat yourself. As you think of him you will think of yourself. Never forget this, for in him you will find yourself or lose yourself. Whenever two Sons of God meet, they are given another chance at salvation. Do not leave anyone without giving salvation to him and receiving it yourself. For I am always there with you, in remembrance of you. - *ACIM*

True love is unconditional. It is not about confining love to special people but about loving different people in different ways. We love our partners, our children, our parents each in a different way. And so it is with strangers, even our, so called, enemies. *BDA*

Turn within. . . For, remember, - your body is the temple; there He has promised to meet you. There you may commune with Him - NOT outside! That from the outside must answer to that within. 2067-6 ΩΩΩ

CHRIST IN YOU

PART III

SEVENTH LESSON

The Creative Energy

It is the silent, creative great One, dwelling in the abyss of each, in whom we live and have our being. I am being taken within the centre of life. Again I am in the centre of power, but this time I remember that I have always been. The process of creation is always present; it is not a past series of events. There is no sense of past or future, but a continuous present. I have already described the great, silent energy and the lack of colour and sound when in the centre, but this time the desire of life is upon me, the sense of lack. I desire beauty and colour. I am the positive one, and the virility and strength of the atmosphere around me lacks its opposite.

With the desire I will, and soon the will, which is the producer, directs my forces. There is a great power about me. I am surrounded by a great arc of light, and I become conscious of a heart within myself. I love, I will! The arc, which was of a varying shade of gold, slowly becomes roseate and glowing; the electrons of light are no longer colourless, but softened and shaded by pink. Love expresses the beautiful in colour. I am answered in myself. I am both positive and negative, male and female; and out of this consciousness, beauty of form and shade seem born; yet as I write this I know that perfection has always been, though I bring it into evidence by my will and desire. Colours surround me, and millions of shades seem to evolve from three – red, blue and yellow. They harmonise and blend, and the place seems full of sound and form. I have desired, I have willed. The colours emit the sound, and soon I see the forms of flowers. These colours cannot be seen of the physical plane, though they are full of light and breath. As you see, this is extremely difficult to describe, as also for you to imagine, but the colours breathe and live, and are inter-related to sound and form. There seems no division between the moving

shades and the appearance of elegant and delightful shapes. Truly I am in the place of beauty, which is born out of two in one. There is a sense of completeness, a harmony of many parts. The great energy is softened by beauty, and love is the breath of this life.

The teacher speaks. You could not bear this for long, and the meaning will unfold to you. One single drop of dew contains what you have seen with the eye of the soul. The creator is in the atom. Yes, truly, the whole of God is in the blade of grass. By this know that space is a meaningless word on the plane of being.

Everything is in the universal soul; the Christ mind alone comprehends. The one Self is creative, having both natures.

In heaven there is neither marrying or giving in marriage. This is the highest consciousness of Christ. ΩΩΩ

LOVE



OUR CLOSING THOUGHT

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day by day, preferring as did the Christ who died on the cross rather than preferring the world be His without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!” 3976-29 ΩΩΩ

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